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december 2016

spotlight

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MAGAZINE

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What to be Thankful for



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pg12-13



pg3» BUSINESS OF THE MONTH: *Ambiance Car & Bike Show*



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Spotlight BUSINESS OF THE MONTH



NOTES FROM THE PUBLISHER'S DESK

Bryan McDonough

Happy Holidays, Merry Christmas, Happy Hanukkah! Whatever your culture, beliefs, or traditions, this is indeed the most wonderful time of the year....and I extend to you all best wishes for the season, however you celebrate!

My family and I celebrate Christmas, and are always excited to renew our annual traditions. When I was growing up, this season was always special because we celebrated the birth of our Savior. We came together with family and friends, much like we do today.

Back then, as now, we rejoice and revel in the peace and blessings and joy that surround the holiday.

This is a good time of year to stop and reflect and give thanks. The sands of time pass quickly, and we have no idea what tomorrow will bring. Generosity, kindness and forgiveness are all a big part of living in the Spirit of the Season.

At this time of year, it is especially important to remember and pray for those less fortunate, for those in need, for those who are alone. People near and far, in other countries or right in our own backyards, can benefit from our thoughtfulness and generosity. In this season of giving, do what you can to help.

Happy Holiday Wishes to you and all your Family,

Bryan McDonough
Publisher, *Spotlight Magazine*, Inc.

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December 2016 | Volume 19 | Issue 12

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inside the Spotlight

december 2016



pg 12



pg 38



pg 44

FEATURES

- Reflections of 2016 **12**
- A Passion for Helping Small Business Dreams **15**
- Do Your Head Lights Have a Cloudy Appearance? **18**
- Want to be Successful? **33**

departments

- "MAXIMUM GIVING" **7**
- SPOTLIGHT ON CHIROPRACTIC HEALTH **17**
- ADDICTIONS ARE KILLING OUR KIDS **19**
- DEAR VAL, **21**
- SPOTLIGHT ON COOKING **23**
- SPOTLIGHT ON COMPUTING **27**
- "SOUTH BREVARD'S HISTORY" **38**
- "PRICELESS GRACE" **39**
- "THE HOLIDAY HEARING GIFT" **41**
- SPOTLIGHT CROSSWORD PUZZLE **42**
- "HEALTH FIRST: BACK TO THE GYM" **44**

"..FOR THE GOOD OF THE CITY.." - JEREMIAH 29:7

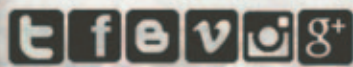


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MAXIMUM GIVING

by Jim Campbell, First Baptist Church of Melbourne

At this time of year, if you are awesome and planned out, It's you are probably winding up the gift shopping. You may be one of those people that knock it all out through the year or who suit up in your armor to win the marathon way on Black Friday, and then you sit back and watch the rest of us run around like chickens with our heads cut off right up to the night before Christmas.

No matter if you are super planner or super "procrastinator", no one wants to give a lousy gift, unless it's on purpose to make a point or be funny. But what do you give people? Some people seem to have EVERYTHING, so, outside of buying them an island off the coast of Aruba, what can you get them? Some people have nothing, so you are overwhelmed at where to start to make the gift "count". Other people won't like what you get them, no matter what it is, but you still take the challenge anyway, hoping to break the streak this year, while others are so close to the vest you don't even know what category they fit into.

The reason that we give gifts around Christmas is to symbolize the greatest Gift that was given to the world, Jesus Christ. In the flurry of sales, wrapping paper and gift selection, we can forget one very important thing... Jesus is still the greatest gift that anyone can receive this year.

For the person that has everything, how are they to know how to manage what they have? Jesus provides the Holy Spirit and access to

wisdom that is only available through following Him, and it is unique in that it is ALWAYS right.

For the person who has nothing, Jesus brings provision, because the Bible has promise after promise about how God provides for those who follow Him, and protects them.

For those that are critical of everything you give them, Jesus changes hearts. When Jesus enters your life, you begin to see real value all over the place and He has a way of changing your heart where you become less critical and more grateful about life in general, which spills over into all areas of someone's life.

For those who are so private or closed off, only God knows the deepest desires of someone's heart, because God created them, and through a relationship with Jesus, God leads them to the perfect place that He created them to be. Often times, it's a place they never would have been able to find on their own.

So when you look to shop this year, don't forget that the greatest Gift isn't found in a department store or online from Amazon...it was delivered in a manger long ago.

Jim is the Campus Pastor and Primary Communicator at Bay West Church, meeting at 100 Emerson Drive NW on Sundays at 11am. For more info on Bay West Church, check us out on Twitter, Facebook, Youtube or www.baywestchurch.org.



"The reason that we give gifts around Christmas is to symbolize the greatest Gift that was given to the world, Jesus Christ."



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Reflections of 2016

What to be Thankful For

As we celebrate the Christmas Holiday and the final days of 2016 and approach a brand new year ahead there is much that I am grateful for. First, I would like to thank my entire office staff, and our Team of outstanding agents that continue to strive to be great each and every day. Their persistence with superior customer service and high level of integrity speaks for itself. It goes unmatched!

It makes me so proud to represent such a respectable group of individuals that enjoy what they do, and I am proud to be amongst some of the best of the best in their journey as Realtors for REMAX Absolute Service Team and serving the community. Our office was humbly honored as we were recognized amongst a select few of small businesses owners for 2016, as we were nominated for small startup business of the year by the Cocoa Beach Chamber of Commerce, congratulations to our Team! This was such an unexpected nomination but The Team has worked hard and they are so deserving of this recognition.

As I am approaching fifteen years in the real estate world and my third year of owning my own real estate company, reflecting back on the last few years, the challenges that I have faced are no different than that of any small business owner. I will admit that I have had many more tough days vs. easy ones, that being said, I love what I do and the toughest thing that I have learned is that I must always depend on myself, although it may sound a little vein, I can be candid in saying, it helps me to realize that I have matured not just as an entrapanure in business, but by also allowing myself to remain disciplined and recognizing that failure is not an option. My motto "Get up, show up, and

prepare yourself to take on whatever comes your way and do it with a smile on your face and the ambition to succeed with a positive attitude".

Negativity breeds negativity, I don't hate anything or anyone but I have a hard time being surrounded by negativity. Therefore, I simply choose not to and remind myself daily in the mirror that I define my future with the strength of God, not man, or others. If I am competing with anyone it should be myself.

You must always" remove the plank from your own eye before trying removing a splinter from someone else. "My colleagues friends,

and future clients are the largest asset to my success and because of the respect that I have towards my colleagues, it allows me to grow and learn as we work together towards the same goal and that is serving the community.

We as "realtors" have so much to be thankful for, we definitely work hard, there is no denying it, but there are not many vocations where you can wake up when you want to, not punch a time clock, work from home, have a coffee while meeting clients at Starbucks and still have the opportunity to make a 6 figure income. It's really up to you as to what level of success you would like to achieve in this industry. The opportunity is there for you if you go after it. I have met some of the most amazing people in my lifetime, colleagues, clients and friends, this all because of our industry. Not to mention an income that most definitely far surpassed my American Airlines career as a flight attendant. Granite many times my title stretches somewhat beyond Real Estate Broker, to therapist, nurse, babysitter, chauffer, life coach, and beyond. Of course all embraced with LOVE! I look at this as a blessing.





BE THANKFUL and LOVE what you do every day, because it's awesome!!! We need to uphold the integrity of what we are as "REALTORS". That is always striving to be great not just good but GREAT!

At REMAX Absolute Service Team are mission statement says this:

"To hold accountability, determination and persistence unmatched that will in turn create productivity for one self, but more importantly to our community and colleagues that surpasses expectations and creates a high level of integrity and customer satisfaction"

To me it is so important to ALWAYS be kind to one another and respect others always, as you never know what someone is going through in life.

I would like to send a few special messages to a few individuals that have not only helped support me on a professional level but have been my life coaches and mentors. My legacy will never hold a candle to any of them, first

my mother, Ms. Sylvia Barber, my father Dan Barber, and my extended family, I love you! Karen Londos, my director of operations, you are my inspiration for waking up daily and never letting the toughest of days challenge me. "Karen if I could be half the person that you are on my best day" I will forever be indebted for your sacrifice. A million Thank you's will still never match your heart. And finally John Loa, a friend and the ultimate "fix it" guy, "you're a true warrior for the entire REMAX

Absolute Service Team family and we all love you and Thank you so much!"

From all of us here at REMAX Absolute Service Team we would like to wish all of our clients, colleagues, friends and family a VERY MERRY CHRISTMAS and a Very healthy and prosperous 2017!

Stay Blessed!
Nicole D Grammer
Broker/Owner



Nicole Grammer – Broker/Owner

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A Passion For Helping Small Business Dreams Launch and Soar

by Katherine Finnell, Office Manager, Ray Wasser CPA, PA



Q: What do you enjoy most as an accountant?

My passion and delight is to take back office accounting and tax headaches from my clients so they can concentrate on running their business.

Q: What are your qualifications?

I am a CPA licensed in Florida I have been gratefully serving this community for more than 25 years. I am QuickBooks ProAdvisor, and utilize powerful planning and analysis tools such as LivePlan and Finagraph.

Q: What is the most common tax question you get?

That's a tough one, I guess I would say the most common tax question I get "Is my pet deductible on my taxes. He is my baby and this year I have spend loads of money on his medical expenses." And the simplest answer to that question is: No. Dependents do have to be human.

Q: Tell me about your services.

We help clients set up systems and develop a long range view so they can build their business to have value separate and apart from their own

back breaking efforts. We help businesses gain performance insights by utilizing software to compare measurements with previous years and against industry peers. We also help clients develop an actual business plan and determine results against their plan. It's not enough to just be surviving day to day. Your accounting system should be doing more than just gathering last year's tax return information.

We offer a 3 tiered service called Yesterday, Today, and Tomorrow. Yesterday is simply working on last year's tax return either personal or for your business. Today's plan will give you visibility for where your business stands currently. Tomorrow's plan is the most comprehensive, encompassing Yesterday and Today's and then we build a road map to where you want to take your business. How large do you want to grow, where do you want to go?

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Q: How can I reach you?

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STOP DREAMING ABOUT QUALITY SLEEP AND DO SOMETHING

SPOTLIGHT ON CHIROPRACTIC HEALTH

by Dr. Deanna Carlisle, Carlisle Chiropractic Center



An old Chinese proverb states, "Only when one cannot sleep does one know how long the night is." Anyone who's ever experienced an occasional bout with insomnia—and that's most of us—can relate to this all too well.

In fact, surveys have shown that between 40 and 60 percent of the general population has trouble sleeping. Daily stress and worries, pressures from job and family, body aches and pains caused by uncomfortable beds or pillows, and a host of other issues can keep a person from getting enough quality sleep.

Sleep is critical to good health and functioning, so lack of it is a serious matter. "Sleep is one of the most important functions of the brain," says Frederick R. Carrick, DC, PhD, president of the American Chiropractic Association's Council on Neurology. Through it, our bodies recharge and renew for the next day's challenges.

As wellness experts, doctors of chiropractic can provide patients with a different approach to their sleeping problems— without the use of sleeping pills, which leave many people in a mental

haze the next morning. To start, here are a few helpful tips they would recommend for the sleepless in Seattle (or any city, for that matter):

Exercise regularly. Exercising in the morning is best, but if you must exercise in the evening, do so at least two or three hours before bedtime. Any later, and your increased heart rate can interfere with your sleep.

Limit your intake of caffeinated beverages such as coffee, colas and tea—try to avoid them altogether late in the day and near bedtime.

If you have trouble sleeping and then get thirsty, drink tap water at room temperature (cold water may disturb the digestive system).

Eat an early dinner. Eating after 6 p.m. may interfere with sleep as your body works to digest the food you've eaten.

Go to bed at the same time each night and get up at the same time each morning. The routine will help your body know when it is time to rest.

Keep your bedroom at a cool, comfortable temperature and try to make it as dark as possible when you're ready for bed.

Useful mattress facts...

A mattress should provide uniform support from head to toe. If there are gaps between your body and your mattress (such as at the waist), you're not getting the full support that you need.

Every few months, turn your mattress clockwise, or upside down, so that body indentations are kept to a minimum. It's also good to rotate the mattress frame every so often to reduce wear and tear.

If you're not in the market for a new mattress, and your current mattress is too firm, you can soften it up by putting a 1- to 2-inch-thick padding on top of it - usually available at mattress and bedding stores.

Next, pillow talk...

When choosing a pillow, be selective. When lying on your side, your head and neck should remain level with your mid and lower spine. When lying on your back, your head and neck should remain level with your upper back and spine. In other words, your pillow should not be so thick that it causes your head and neck to be propped up or angled sharply away from your body. If you find yourself sleeping on your side with one hand propped under your pillow, that's a clue that you're not getting the support you need from that pillow.

Chiropractic Care Can Help...

If you continue to experience pain and discomfort at night or have difficulty falling asleep, visit your doctor of chiropractic. Doctors of chiropractic are trained to treat spinal problems that can interfere with a restful night's sleep. They can also offer nutritional and ergonomic advice that can help improve the quality of your sleep.

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Addictions are Killing Our Kids. Time to Step Up Now!

By Dr. Kevin Kilday, PhD, D.Psc. / Holistic Health Center

I am not going to bore you with statistics. I've used statistics in past articles. Pill and heroin addiction including overdoses and deaths are at an all time high among our youth and even adults but this article will focus on our children (preteens and teens). Parents, Churches, Professionals, Teachers, Coaches and inclusive of all people who have a mentoring relationship with teens AND I WILL SAY THIS LOUD. IT'S TIME TO STEP UP AND TAKE ACTION NOW!

Following are specific signs that drug/alcohol (also a drug) abuse and or addiction are going on.

Change in friends, Hanging out with a new group, Seclusive behavior (long periods spent in self imposed isolation), Long unexplained absences, Lying and stealing, Involvement on the wrong side of the law, Deteriorating family relationships, Obvious intoxication (delirious, incoherent or unconscious), Changes in behavior and attitude, and Decrease in school performance.

If you suspect or have a gut feeling then most likely you are right. Stop looking the other way or ignoring the problem because if that child dies you will be haunted with guilt the rest of your life.

There are many ways to approach an addiction problem. The most important is to open up lines of communication with the addict. If you are an adult family member, an adult professional he or she respects, a respected adult mentor or



a Pastor you need to show them that you have concerns. At this time you may want to have detox and recovery information in hand. You will get resistance that is common. Do not give up. If you need help Google or look in directories online.

Again I repeat. Do not give up. This is a serious matter however in recovery there are positive things that are accomplished. Positive friends and family that understand. Being trusted, Not being in jail or having a record. More school and job opportunities. Better relationships with girlfriend/boyfriend or husband/wife. Being sober and knowing whats going on around you. The list go on.

I pray that I have opened many eyes before this problem gets anymore out of control.

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DEAR VAL, TRUTH, STRAIGHT UP

by Valerie Oliver

"Many individuals suffer from depression during the holidays..."



"Truth Straight Up" is written and founded by Valerie Oliver. She offers advice based on Biblical principles—not political correctness. Miss Oliver serves in several ministries including altar counseling. She's written several Christian-short stories and is currently working on her first novel: Harpazo: The Witnesses.

Dear Val,
Last weekend, I went to the mall with my best friend. I don't know why we did it (we both had money) but we stole some stuff. I feel so guilty that I can't sleep at night. I want to return everything or pay for it. I asked God to forgive me but I still feel the need to make things right somehow. I want to tell my parents but I'm ashamed—please help!
—Amanda of Viera

Dear Amanda,
We've all made bad decisions in our lives; why? ...because we have a sinful nature. One of the best things about being a Christ follower is that God's grace and mercy is renewed each day. He is a loving Father and His ultimate goal is to restore us, to Him, because sin separates us from God.

Your parents love you. Go to them and repeat everything you've told me. They'll be upset and there will be consequences; however, your remorse and your desire to make restitution will show them that you're back on track. You failed to mention whether your friend shares your regret. You need to find out and perhaps re-evaluate this friendship.)

Dear Readers,

Many individuals suffer from depression during the holidays. Quite often, it's because we experience higher levels of stress during this time of year, which is further complicated by the shortened days of the winter months. I'm not a psychologist; however, I believe some of the depression is because we yearn for the Christmases of our past; and naturally, we miss our loved ones who've passed on. In addition, we've allowed secular influence to over-shadow—and corrupt—our celebration of Christ's birth. It's time, for many of us, to re-evaluate our traditions and reclaim our Holy-day. Why not start by adopting a few new traditions? Here are a number of suggestions:

1. Join a group (or organize your own) and go caroling at a local nursing home.
2. Host an intimate dinner party for individuals who would otherwise be alone during the Christmas holiday.
3. Adopt a family in need and bring food for their Christmas dinner and/or gifts for their children.

5. Many churches in the area offer Christmas programs and cantatas.
6. Invite a group over for hot-cider and desserts then drive through Wickham Park and enjoy the beautiful Christmas lights. Sponsored by the Eau Gallie Rotary Club. Cost \$15 per car.
7. Serve at a homeless shelter—the warmth of a smile means so much to them.
8. Pick up a few "shut-ins" and bring them to a candle-light service on Christmas Eve.
9. December 10th, 24th annual Melbourne Light Parade 912 E. New Haven Ave. 6:00pm.
10. December 12th. Drive through nativity North Merritt Island United Methodist Church 6-8pm.
11. December 16th, Galmont Ballet's Nutcracker, Cocoa Village Playhouse, cost \$19-30.
12. December 17th, A Christmas Carol, Melbourne King Center, cost: starting at \$24.
13. December 9-11th, Lights of Hope, outside Christmas lights festival, Sand Point Park, Titusville, 6:30-9:30pm, cost: free
14. December 11th. Holiday Hoedown, Kiwanis Island Park, in Merritt Island. 2-4:30 pm. Cost: free
15. Outreach ministries, for example: Samaritan's Purse, Salvation Army (bell ringing), gift wrapping, etc.
16. Bible on Parade, Saturday, December 3rd. at 2:00 pm, the parade starts at the Melbourne Auditorium. The route is as follows: Hibiscus>Hickory>Fee Ave>Babcock St > Bulldog>Pine>Hibiscus.

Whatever traditions you choose to embrace, remember to stay focused on Christ. And don't allow Satan to steal your joy as we celebrate the birth of our beloved Savior. Rejoice! Rejoice!... Emmanuel...Our God's with us...Sing all is well!

(ESV) English Standard Version; (NLT) New Living Translation; (NIV) New International Version. Mail your questions or concerns to: Truth Straight Up P.O. Box 120606 West Melbourne, Florida 32912 or e-mail questions to: askval@hotmail.com. For the protection and confidentiality of the individuals involved, letters may be edited and all names have been changed. Miss Oliver will not reply by e-mail unless specifically asked.



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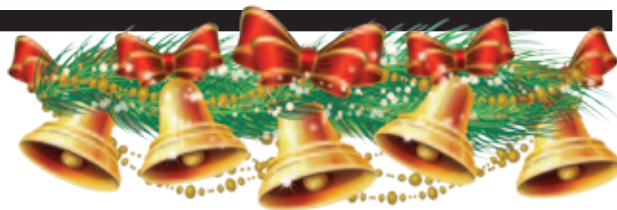
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MERRY CHRISTMAS FROM MY HOUSE TO YOURS

SPOTLIGHT ON COOKING



Moussaka was the main meal at my in-laws when my husband was alive. I got to love it and to this day I will still make it. You can make it and freeze it and defrost in the refrigeration when you want to have it. It is so good. Enjoy.

If you have any questions or would like to contact me, email me at lifecoaching7746@aol.com.

Moussaka

6 eggplants	2 cloves of garlic (chopped)	pinch sea salt and freshly ground black pepper	3 1/2 c milk
vegetable oil (for frying the eggplants)	1-14 oz can chopped tomatoes	1 bay leaf pinch of cinnamon or one cinnamon stick	1/2 stick butter
For the meat sauce:	2 tbsp tomato puree	1/4 c olive oil	3.5 oz flour pinch of nutmeg
2 lbs chopped beef or lamb	1 tsp sugar	For the béchamel sauce:	2 egg yolks
2 red onions (chopped)	1-8oz glass of red wine		3.5 oz Parmigiano-Reggiano or Kefalotyri

Begin by preparing the eggplants. Remove the stalks from the eggplants and cut them into slices, 1 cm thick. Season with salt and place in a colander for about 30min.

Rinse the eggplants with plenty of water and squeeze with your hands, to get rid of the excessive water. Pat them dry and fry in plenty of oil, until nicely colored. Place them on some paper, in order to absorb the oil.

Prepare the meat sauce for the moussaka. Heat a large pan to medium-high heat and add the olive oil. Stir in the chopped onions and sauté, until softened and slightly colored. Stir in the garlic, tomato puree and the mince breaking it up with a wooden spoon and sauté. Pour in the red wine and wait to evaporate. Add the tomatoes, the sugar, a pinch of cinnamon, 1 bay leaf and some salt and pepper. Bring to the boil, turn the heat down and simmer with the lid on for about a half an hour, until most of the juices have evaporated.

Prepare the béchamel sauce. Use a large pan to melt some butter over low-medium heat. Add the flour whisking continuously to make a paste. Add warmed milk in a steady stream; keep whisking in order to prevent your sauce from getting lumpy. If the sauce still needs to thicken, boil over low heat while continuing to stir. Remove the pan from the stove and stir in the rest of the ingredients. Whisk quickly, in order to prevent the eggs from turning an omelette!

Assemble the moussaka. For this moussaka recipe you will need a large baking dish, Butter the bottom and sides of the pan and layer the eggplants. Pour in the meat sauce and even out. Add a second layer of eggplants, top with the béchamel sauce and smooth out with a spatula.

Sprinkle with grated cheese and bake the moussaka in preheated oven at 325-350 for about an hour, until crust turns light golden brown.

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LESSONS FROM THE LEON PODESTA EMAIL HACK SPOTLIGHT ON COMPUTING

by Bill Ford, Data Doctors Computer Service

There are many lessons that can be learned from the recent high-profile email hacks to several public figures. The most important lesson is that people, not security measures are the easiest to compromise.

The Weakest Link

As anyone in IT security will tell you, no matter how sophisticated the cyber-security system may be, the humans using the system are always the weakest link. In most cases, hackers employ what's called 'social engineering' to trick users into divulging critical information that allows them to be exploited.

In the Podesta case, a 'spear-phishing' email claiming the password had been stolen convinced both the users and the IT person that it was a legitimate warning from Google. Spear-phishing refers to a more targeted exploit because the hackers know that you use a specific online service.

In this case, since the recipient's email address ended with @gmail.com, they created a 'stolen password' alert that appeared to be from Google.

Tell Tale Signs

As with most phishing messages, a close examination of the punctuation and grammar would have tipped off an observant reader.

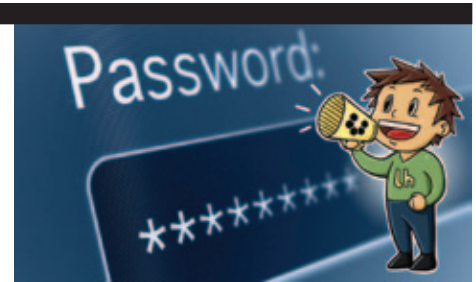
The lack of commas in appropriate places, the relative vagueness of the message and the fact that they ended the message with 'Best, The Mail Team' are clear red flags.

The reason social engineering tricks work so well is that the anxiety created by the message causes most people to focus on the salacious subject line and scary claims instead of the message in its entirety.

Another way to sniff out suspicious messages is to use the hover method as described in this video: <https://youtu.be/-aay-00BCKE>

Thoroughly Read Messages

The IT person also fell for the fake message but in their defense, they replied with a specific link to use to change the password, which the frantic user didn't use. Instead, the user (Podesta) went back to the original



message and clicked on the button that said 'Change Password' which sent him right where the hackers wanted him. Had he followed the instructions from the IT person, even though the message was a fake, he would not have been compromised.

Stolen Password Protection

Another important step that the IT person suggested in his response was to make sure that 2-step verification was turned on <https://goo.gl/SCa64p> which would have kept the hackers out even with the password.

2-step verification creates a second layer of protection in the event someone steals your password. With it turned on, whenever the site detects a valid login from an unknown location or device, it sends a special code via text message to your smartphone. Without the code, the person that has your password won't be able to get in AND you will have been alerted that your password has been compromised.

Never Click Links

We've all heard the 'never click links in email messages' a million times, but cleverly crafted messages can scare people into taking immediate action.

Even when you think a warning is legitimate, avoid the links and manually type in the address of the service in question to see if the same warning comes up when you log in.

The best protection you have is your common sense. Always ask yourself "is this legitimate?" "is this logical?" "can I contact the company (or email provider) in another way?" Always be suspicious. Most viruses and hacks are caused by messages designed to outsmart the user.

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The Christmas Cataract...

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DR. JAMES McMANUS & DR. JASON DARLINGTON CONTINUE THE TRADITION OF THE CHRISTMAS CATARACT

In the spirit of the Holiday season, Dr. James McManus & Dr. Jason Darlington seek to give the gift of sight to two individuals in need.



James N. McManus, M.D., Board Certified Ophthalmologist and Cataract Specialist at The Eye Institute for Medicine & Surgery, and his colleague, Jason K. Darlington M.D., want to give a very special gift to two residents of Brevard County this Christmas season: **the precious gift of sight.**

Dr. McManus and Dr. Darlington will be continuing the tradition known as "The Christmas Cataract," which Dr. McManus describes as, "a happy ending waiting for your story." Dr. McManus wants to encourage Brevard County residents who may be experiencing vision loss due to cataracts, who are uninsured and in need, to visit his website, **TheChristmasCataract.com**. There are instructions on the website explaining how an individual or their loved one can share a photo and their story describing how vision loss has impacted their life and how they believe their life could improve if their vision was restored.

"Poor vision associated with cataracts can have a profound effect on all aspects of a person's life," according to Dr. McManus. "It can prevent a person from working, from taking care of loved ones who depend on them, or even performing daily activities that most of us take for granted."

Cataracts are a clouding of the natural, clear lens inside the eye. Cataracts are usually age related but may occur due to heredity, the presence of certain systemic illnesses, the use of certain medications, trauma, or other factors.

For a period of time changes in one's eyeglass prescription may improve vision to an acceptable level. However, once a cataract progresses past a certain point, vision and a person's ability to do the things they need to do on a daily basis begin to become compromised. At this point surgery is usually the only viable option to improve vision.

Dr. McManus is pleased to continue this sight restoring program that he created and that he hopes to continue for many years to come. "Brevard County has been a wonderful place to live, to raise a family and to practice medicine. I want to give back to the community that has been so good to my family and me," states Dr. McManus.

Unfortunately, not everyone who submits their story will be eligible for the surgery due to such factors as the presence of other eye conditions or a health status that would indicate a contraindication to outpatient surgery. Dr. McManus and Dr. Darlington will review all the entries and carefully determine the individuals most likely to benefit from cataract surgery. Happy Holidays and good health from the Physicians and Staff of The Eye Institute for Medicine & Surgery.



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D	E	L	R	S	E	H	Y	N	P	V	K	Y	S	S
R	B	U	E	A	I	C	R	P	Y	L	I	M	A	F
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Want to be Successful? Learn to Lead

Thomas Edison said genius is 1% inspiration, 99% perspiration. What if we changed this, so it stated success is 1% inspiration, 99% perspiration.

Success, like any endeavor, is dependent on the consistent practice and application of a set of skills. No one is born a success. We don't debate if successful people are born or made. We all know that success takes work—perspiration!

Did you know Michael Jordan was cut from his high school basketball team? The only reason we know who he is today is because he became determined to be the best and he worked hard. He developed the necessary skills for success in his field.

So, why do we do debate whether leaders are born or made? Leadership, like success is the consistent practice and application of a set of skills. Granted, we all have certain tendencies or giftedness, but we are not 'born' a success nor are we born a leader.

Leadership is influence and if you are a parent, a husband or wife, a coworker, a friend; you are a leader. You start by leading yourself. You start by developing the skills necessary to be a success, to be a leader.



Remember 1% inspiration, 99% perspiration? Start with the inspiration! Attend the encore presentation of Live 2 Lead Brevard simulcast. Be inspired, by Simon Synek, John Maxwell, Liz Wiseman, and Dan Cathy. Learn the skills you need to be a leader, to be a success!

A journey of a thousand miles starts with the first step. Take the first step—act now!



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TAPESTRY

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Come to Worship ... Leave to Serve

How do we view Christmas and the Kingdom?

By Paul Rosbury

Here we are at Christmas 2016 and with a new President Elect and the end of an era of President Obama. You might ask; what does that have to do with Christmas and The Kingdom? Remember in the prayer "Thy Kingdom come, thy will be done, on earth as it is in heaven". We are in the earth and I see that God has his way once again. I would consider that God has given us another chance to live in His Kingdom and under His authority.

For year we have been living under an oppressive situation, you might say that we have been in bondage of our own making. We have gone to celebration Happy Holidays so as not to offend persons other faiths.

When in reality we have not allowed ourselves to have a frank discussion with others about faith and positions. We have refrained from discussion on Politics and Faith. What I think we have done is chosen to not understand the other persons view and learn from the discussion.

The Kingdom is about growing and understanding how God works in our world and how He interfaces with His creation. Is it true that He has created the earth and all that is in it? How can we come to a reasonable decision of the truth without having the discussion or without studying history and references of how God works in the world?

Two thousand years ago we recorded in History that something happened. It was recorded in History and the even made such an impact on society, that the powers of the time changed the Calendar to AD Anno Domini, which is Latin for "year of our Lord," or BCE – Before Common Era and CE – Common Era. Either one point to a time when there was a major change. What was that Change? It was the Birth of a Child one that would change the world and continue forever to cause us to question, search and examine our selves to know the truth of who we are and where we came from and where we are going.

We are now in the Christmas Season and are making hast to show love and good relationships to one another. But are we looking to understand why we celebrate this time of year or is it just a holiday off work. Stop and consider what this season really means to you!! Yes even seek to find out in your heart what this time of year means to you!! Have a Merry Christmas!!

Paul Rosbury is currently Interim Pastor at Peace Lutheran Church Palm Bay, Fl 1801 Port Malabar Blvd, Palm Bay and is President and Overseer of Seminary Covenant Community an Association of Churches, House Churches, Educational, Missions, Ministries and Social Enterprise Organizations.



TAPESTRY

"Thy kingdom come, thy will be done on earth as it is in heaven"

Tapestry is to share the Kingdom in the Five areas of our community; Business, Education, Government, Social, and Family. As we move into the new year the Tapestry Teams will form small group networks in each area.



HOW DO WE NETWORK IN BUSINESS?

The purpose is build a network of quality and cooperative Business relationships. The groups will work together to build business and to educate, encourage and promote one anothers business. We are planing evants and trade shows where business can get exposure to there potential customers. Buisness will be exposed to Business Blogs and Online exposure.



HOW DO WE NETWORK IN EDUCATION?

The Goal is to build a network of educators who desire to provide the best education possible to their students, build integrity in the future leaders of our community. The tapestry educators will have access to Blog forums and relationships to communicate and discuss imovative ways to provide the highest quality of education and higher education in acedemics and life skills.



HOW DO WE NETWORK IN GOVERNMENT?

Networking with elected officials is to provide forums where they can express their views and garner support. The Governement web site will have forms government members to blog and use social media to communicate and receive input.



HOW DO WE NETWORK IN SOCIAL?

Social Networking is a sharing of information and resources to assist individuals and families in transition. Agencies and organizations will be able to blog their resources and other who need them will be able to search. It is also a coloboration of resources to provide the best and most comprehensive service network.



HOW DO WE NETWORK FAMILIES?

Family activities! The Tapestry will sponsor activities for all ages to bring families together of all ages. The purpose is to build relationships where families and parents can build trust, support and encouragement in everyday life situations.

This is only a short overview of what the Tapestry can mean for you. There is much more to share and to grow into.



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South Brevard's History

By South Brevard Historical Society

Many have found this part of Florida to be a great destination. Whether visiting on vacation, here for the winter season or all year around, we all can identify a favorite time of year and a favorite reason to call Brevard home.



Green Gables, Melbourne

William Twining Wells, best known for the development of an improved process for preserving iron, came to Melbourne with his family in 1896. After visiting many places in Florida such as Lake Worth, Winter Park & Jensen Beach, the Wells family explained their decision to move to Melbourne in an article published on April 4, 1896 in the Melbourne Times: "...The very first day of our stay here we found congenial people and as the week went by we stayed on enjoying the good fishing, sailing and other outdoor amusements and last but not least gaining health and strength daily from the fine pure dry air." The dry air was important as Mrs. Wells had been diagnosed with pneumonia, prompting their departure from New Jersey. Their house on a bluff off of US1 in Melbourne is still standing today and is known as Green Gables.

Today, as in the past, our area can be defined similarly. Our community is diverse. With an industrial base that covers everything from amusement through transportation, the people of this county work hard and then head into the weekend to relax. Although much has changed in and around Brevard over the years, we still find that the fundamentals of the community have stayed the same. For a greater understanding of how the early settlers of Brevard County lived and prospered, please check out the following websites:

Cocoa – Brevard Museum of History & Natural Science:
<http://myfloridahistory.org/brevardmuseum>

Eau Gallie - Rossetter House:
<http://rossetterhousemuseum.org/>

Melbourne - Green Gables at Historic Riverview Village:
<http://greengables.org/>

Melbourne Beach – Old Melbourne Beach Town Hall:
<https://www.facebook.com/pages/Old-Melbourne-Beach-Town-Hall/135854053115265>

Merritt Island - Field Manor:
<http://fieldmanor.org/>

Merritt Island – Sams House:
<http://www.brevardcounty.us/EELProgram/Sanctuaries/SamsHouseSanctuary>

Titusville - Pritchard House:
<http://nbbd.com/godo/PritchardHouse/index.html>

Looking back on 2016, the South Brevard Historical Society (SBHS) has done well "Keeping South Brevard's History Alive". The second Saturday of each month (September through June) we offer informative programs designed to engage our audience in their interest in local history. Please visit www.southbrevardhistory.org.



PRICELESS GRACE

By Lola Oni

CCM: Together, doing life RIGHT!

For it is by grace you have been saved, through faith-and this not from yourselves, it is the gift of God. (Ephesians 2:8) Quite frankly, the things that frustrate us are most often the ones that best prepare and equip us to handle life events. Unknown to us, our character is strengthened when we learn to exercise self control and look beyond the circumstances. Howbeit that the trial and death of Jesus is the only hope of redemption in our uncertain world? At the time, it seemed like the end of the world; but through this, God manifested His unconditional love for us; by grace alone!

What is man that you are mindful of him, the son of man that you care for him? You made him a little lower than the heavenly beings and crowned him with glory and honor. (Psalm 8:4)

Recently, a very humbling experience redefined the meaning of 'entitlement' in my dictionary and changed my perspective of life.



At the end of a beautiful summer day that started off like any other, I found myself in a hospital emergency waiting room as efforts were made to save my child's life. She had been quickly airlifted to the closest children's hospital. I was shocked when the attending physician announced 'it can go either way tonight' for my healthy twelve year old, who had collapsed at a school performance earlier. That night, as my husband, older daughter and I waited in a little room that seemed more like a cage with hardly any lifelines, I desperately cried out to the only God I know: "Lord, please give me one more chance to be this little girl's mama, I know you can!" We sent out urgent messages for prayer and intercession started immediately. At that moment I realized, this was real, God was (and is) Sovereign and I was not entitled to a positive outcome or anything at all! Absolutely nothing in my power or possession could change the situation; I needed God's grace and mercy more than ever!

God's amazing Grace prevailed as my daughter was miraculously saved and preventative measures were put in place to avoid reoccurrence. I often question how I could afford to pay for such abundant Grace. The answer is most positively no! Not only am I unworthy and undeserving, God's grace is priceless. Even if we had not had a positive outcome, it would not have changed the fact that God is good and gives us what we need.

Our lifestyles should reflect that life is all about God and it is always a privilege, not an entitlement, to have a part in His eternal goals. I usher my daughter into each day with gratitude wrapped up in God's grace; thankful for every opportunity to be my little girl's mama again. Every challenge and difficulty we face as Christ followers is truly preparation for a closer walk with God. If you have drifted away from God, today is the perfect day to draw near to Him!

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The Holiday Hearing Gift

by Dan Taylor, Audioprosthologist, Mission Hearing

With the Holidays upon us, I honestly need your help. Even though we only introduced our Buy One Give One hearing care program last month, we've already got gear to fit to folks who can't afford it, and would fall through the cracks otherwise.

Here is my problem. As part of our agreement with the IRS regarding our not-for-profit status, we have to have a way to vet those we provide our charity to. This prevents us from being taken advantage of by those who actually can afford hearing help themselves, as well as us taking advantage by basically running a buy one get one free offer under the guise of a not for profit. Something we all want to avoid.

Here is how you can help. First, tell your minister, priest, rabbi, imam, Worshipful Master, Worthy Matron, or Civic Club President about our program. We need sponsors to vet those we provide free care to. Any not-for-profit organization who has someone with a hearing loss who needs help, we have that help if they will contact us.

We are able to provide these services back to our community because of those who come to us for their own hearing help through our "buy one, give one" program.

At Mission Hearing we call it "Customer Centered, Results Oriented Hearing Care, With a Heart."

Here is how it works: For every new set of gear we fit to our customers, we set aside a pair to fit to someone who

wouldn't be able to benefit excepting our intervention.

So, if your old hearing instruments



aren't performing up to your lifestyle and expectations, we can help. We offer generous trade allowances whether you are looking for the very best our industry has to offer, like the incredible Widex 440 line, through, and including used, and reconditioned instruments. We have hearing help for every lifestyle and budget.

What are you waiting for?

We offer no cost, or obligation demonstrations of better hearing to folks just like you, every day, often in less than thirty minutes.

If you don't have a loss yourself, you certainly know someone who does need help. Hearing loss is just that

prevalent. How about you help them, and others to the gift of better hearing for the holidays? Tell them about us, and our program.

Oh, and better hearing last and lasts throughout the year, blessing not only those wearing the gear but every other person that they have to communicate with, everywhere they go, every day.

Better hearing reduces stress for everyone. It makes life easier, introducing fewer misunderstandings, and allows those of us with a hearing loss to enjoy a rich social life that, absent our gear, we simply couldn't experience. Live your life to the fullest.

Experience the richer life of sounds, and living that are available today. You'll help not only yourself to enjoy a richer life, and holiday season, but you can also help us, to help someone else, who wouldn't be able to enjoy as rich a life, excepting for your and our intervention. Now, wouldn't that make for a great holiday in the spirit of the season?

For more information, call us at: 321-722-2894, visit our website at: www.missionhearing.com, or just drop by our store in the heart of historic downtown Melbourne. We're between the Post Office, and Meg O'Malley's in Suite #12 of the Arcade Building at 720 East New Haven Avenue. We welcome walk in visitors, customers,



friends and others each weekday morning from 9:30 till noon without an appointment. What are you waiting for?



Please see our advertisement on page 26.

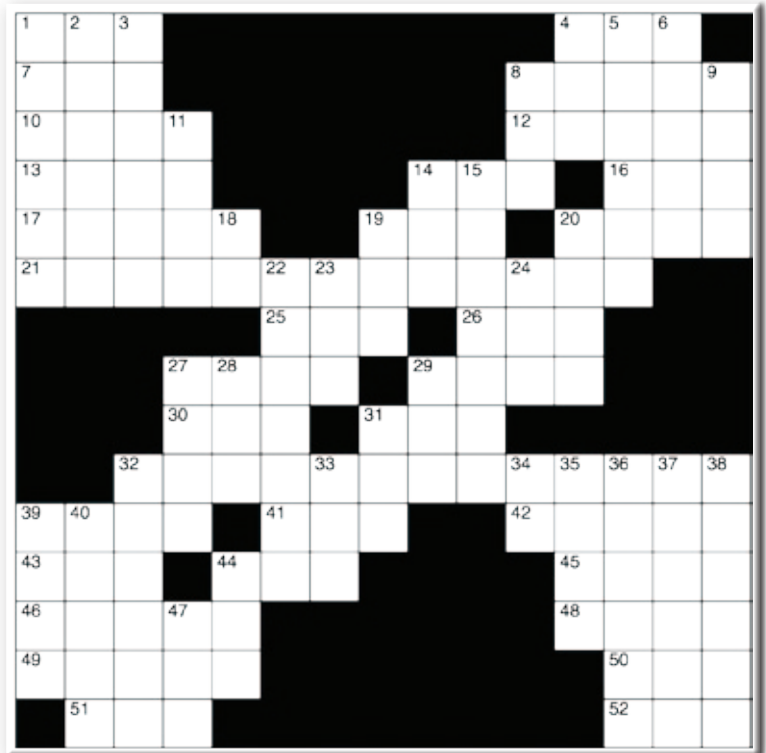
Spotlight Crossword Puzzle

clues ACROSS

1. Large primate
4. Annualized percentage rate
7. Frictional horsepower
8. Alternate name
10. Incursion
12. Metrical feet
13. Musician Ingram
14. Swiss river
16. Text speak for annoying
17. Squelch
19. Will Ferrell played one
20. Close violently
21. Arrogant
25. Goddess of the dawn
26. Today (Spanish)
27. Ethiopian town
29. Speed
30. Kids take it to school
31. Bowling ball's adversary
32. 1988 NFL MVP
39. Volcanic crater
41. Curved shape
42. Discover by investigation
43. Up in the air (abbr.)
44. A son who shares his dad's name
45. Assist in wrongdoing
46. Actress Lathan
48. Nonsense (slang)
49. Sharp and forthright
50. Midway between northeast and east
51. NAACP cofounder Wells
52. Soviet Socialist Republic

clues DOWN

1. Again
2. Erectile organs
3. Concluding speech
4. Pie ___ mode
5. With pustules
6. Muslim calendar month
8. Need it to live
9. Thailand
11. Container to serve food
14. Boxing great
15. Woolen blankets
18. Expresses surprise
19. Emergency medical services
20. Inflamed swelling of the eyelid
22. Reporter
23. Arrived extinct
24. Ad ___
27. Academic bill of rights
28. A pair
29. Pumpkin and apple are examples
31. China
32. Made illegal
33. Be mistaken
34. Stephen King's "Pennywise"
35. Semite
36. Martens with short tails
37. Large bodies of water
38. Lower in position
39. Dough used in Latin American cuisine
40. Calculating tools
44. Boxers do this
47. Macaw



answers on page 44



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- ✧ *Twinkling with holiday lights, your house will shine bright to eager buyers looking for their perfect home.*
- ✧ *Temperature isn't the only thing dropping this winter; mortgage rates are near historic lows.*
- ✧ *Homes are new beginnings for buyers and sellers. When the clock strikes midnight on New Year's Eve, sellers will want to start fresh and buyers will want to be all settled into their new home.*
- ✧ *Tax benefits are the ultimate holiday gifts for both buyers and sellers who close before the end of the year. (See your tax advisor for more details and the best advice to take advantage of a transaction that takes place before December 31.)*
- ✧ *Serious buyers are out. Your home won't be subject to casual window shoppers, (they're too busy at the mall or on their computer searching for holiday gifts).*
- ✧ *Buyers have extra time off from work, which means more hours in their day to search for a home.*
- ✧ *You can increase your relocation business. January is typically the month when employees are transferred to new positions. To capture these buyers, your home must be on the market now because they often can't wait until spring.*



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"Also, if you are already experiencing any of these health issues, being active may help you to have better control over them helping you to feel better and live longer," Williams added.

Health First recommends checking with your doctor

before starting a new exercise program. This is especially important if you haven't exercised for a long time or if you are currently experiencing chronic health problems like heart disease, diabetes or arthritis.

Health First is dedicated to the health and well-being of our community, and operates four Pro-Health & Fitness Centers located in Melbourne, Palm Bay, Merritt Island and Viera. All locations offer diverse health and wellness programs and services for all ages and fitness levels. This issue of Spotlight magazine features a Health First Pro-Health & Fitness "Back to the Gym" ad, which offers a limited discounted membership rate available from November 25 through December 24, 2016.

The time is now to take charge of your health for your future. Visit myPHF.org for more information.

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How good are you at spotting items?

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December's CPA Tip of the Month

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