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october 2016

spotlight

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Spotlight BUSINESS OF THE MONTH



NOTES FROM THE PUBLISHER'S DESK

Bryan McDonough

Anyone out there ready for some cooler weather? I have to say this is been one of the hottest summers we have had in a while. Even though our winters here in Florida are nothing like those in the northern states, it sure will be nice to experience some cooler evenings around here, sooner rather than later.

In this month's issue of Spotlight, we are featuring all kinds of community happenings.

As we enter the fall season, our many and varied outdoor events are sure to be popular. You can find information about what's going on in this issue of Spotlight, but be sure that you also check out our website and Facebook pages for upcoming events that may not be listed in the hard copy of our magazine.

Of course, as we start to enjoy the fall, can the onset of the Holiday season be far behind? I know my wife is already starting to get a little antsy about starting our Christmas shopping for an even larger family this year! We have added another two grandchildren this past year, so between our 3 kids, there are now seven little bundles of joy from the ages of 4 months to 11 years old. Do you remember the song that goes, "off to Grandma's house we go?" Well, that's my house now, and oh my, things can get a little crazy very quickly! Those of you with children and grandkids know where I am coming from. But we wouldn't trade the occasional chaos for anything in the world....right?

Until next month, may your October be a little on the cooler side,

Bryan McDonough
Publisher, *Spotlight* Magazine, Inc.

We keep you in
THE SPOTLIGHT

A MONTHLY PUBLICATION
October 2016 | Volume 19 | Issue 10

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COLLEGE FOOTBALL AND POLITICS

by Jim Campbell, First Baptist Church of Melbourne

As Gators and Seminoles cringe, I'm an Alabama fan. I have been since I got my first hand-me-down Alabama sweatshirt growing up in LA (Lower Alabama). One thing is for sure, college football fans are passionate about their football all over, but there is no level of passion like the Alabama Auburn rivalry. There are no pro sports in Alabama...none...and not much else in the state to follow, so all you talk 24/7/365 is college football. You come out of the womb and you declare a side, making a million brothers/sisters and a million hated enemies immediately. (Sorry, Ohio State-Michigan fans, talk to me when you no longer have the Cavaliers-Browns-Bengals-Pistons-Lions-Tigers-Indians...there is no dilution of the focus in the South).

Over my life I've noticed a similarity between college football fandom and politics. It's like someone created some jerseys and lined the Democrats and Republicans up against each other. In college football, the player you hate on my team is the player that does no wrong for me, and vice versa, who is clearly a criminal on your team to me is your favorite "choir boy".

It's amazing how that translates to politics. You can lie, cheat, sellout, and be constantly embroiled in legal issues while you allegedly "champion" the poor by lobbing grenades at those evil "mansion dwelling" cheaters over there...from your mansion, while emailing (and deleting the email) from your lawyer to see if you have been charged yet. You can say all manner of foul things, be as nasty as you want to be, flip-flop on all issues and champion the banner for financial growth, integrity and conservative values...while never holding up

ANY of those things yourself personally... and of those two candidates, and you know who they are, if they are on "your team", you'll defend them, while ignoring EVERY glaring problem and corruption...why? Because they wear your team's jersey, so they can do no wrong.

Psalm 118:8-9 says clearly "It is better to take refuge in the Lord than to trust in man. It is better to take refuge in the Lord than to trust in princes." Men and women will fail you, change their opinion and are blinded by a sin nature that none of us can control. God cannot be bought, coerced or corrupted...His very nature is to do the RIGHT thing every time. When Jesus came to Earth, he didn't run for office, start a job program or lead a violent protest, but He led everyone to follow God and CHANGED the world while only shedding his own blood, and without any financial backing to speak of. He didn't perfect the world, because he knew we would never stay here, but His children that trusted Him would be cared for and taken home one day.

This November, here's the path, Christian. Get alone, by yourself with the Word of God, pray to God for THE direction....not AN option to put alongside CNN/FOX/ whoever and the guy from work...vote for whoever the Lord leads you to, and trust Him for results. You are not responsible for the future. You are responsible for the present moment of obedience and to trust God for the future. I don't know who He'll tell you to vote for, but I do know this... when you take off the political "jersey" and give your allegiance in Him, you will always come out the winner, regardless of who "declares victory".



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Brevard County Bridal Association

Where: Crowne Plaza Beachside

Date: Sunday 11/6/16

Time: 1 - 4 pm

Cost: Pre-Pay Online \$5 Per Person
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BCBA bridal shows are exemplary for a number of reasons. Each BCBA vendor has a proven business record for a minimum of two years with many over 20 years. Also, each business is licensed to operate in Brevard County.

In addition, the BCBA limits its membership to 50 vendors, which allows you plenty of flexibility to to spend time with the professionals that interest you the most. The association guarantees your bridal show experience will be top notch.



bcbaweddings.com

Getting Married? Come join the fun!

The event takes place Sunday, November 6th from 1pm to 4pm at the Crowne Plaza beachside in Melbourne.

The Brevard County Bridal Association, an elite group of wedding professionals, is hosting the bridal show which will feature specialists in Cakes, Photography, Catering, Planning, DJ entertainment, Venues, Beauty, Floral, Videography, Rentals and so much more!

This bridal show will feature fashions by Elda's Bridal Boutique and entertainment by DJ Tunes of Florida, all set in the beautiful surroundings of the prestigious Crowne Plaza Hotel. Log on for more information about our members and to pre-register for the show.



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SPOTLIGHT ON CHIROPRACTIC HEALTH

by Dr. Deanna Carlisle, Carlisle Chiropractic Center

A healthy spine is an often overlooked and essential part of a healthy lifestyle. People who suffer from back pain, particularly if it is long-term, are generally less healthy than those who do not. In fact, back pain costs are staggering not only financially, but also in terms of lost time from work and because of psychosocial problems that arise during the healing process associated with long-term back pain.

Unfortunately, approximately 80-90% of the population suffers from spinal pain at some point. People who are overweight or obese, and who smoke, lift heavy objects, or had a previous episode of back pain, are more likely to experience back pain.

Because so many people suffer from spine pain, it's important for you to try to keep your spine as healthy as possible. Following simple posture, lifting, and healthy lifestyle guidelines can help you keep your back in good shape.

The American Chiropractic Association recommends the following spinal health tips:

Standing

When standing, keep one foot slightly in front of the other, with your knees slightly bent. This position helps to take the pressure off your low back. Do not stand bent forward at the waist for prolonged periods of time. The muscles in your low back become deconditioned in this position, which may lead to pain.

Lifting

At all times, avoid twisting while lifting. Twisting is one of the most dangerous movements for your spine, especially while lifting. If the item is too heavy to lift, pushing it is easier on your back than pulling it. Whenever possible, use your legs, not your back or upper body, to push the item. If you must lift a heavy item, get someone to help you.

Sitting

Keep your knees slightly higher than your hips, with your head up and back straight. Avoid rolling your shoulders forward (slouching). Try to maintain the natural curve in your low back.

Reaching and Bending

When reaching for something above shoulder level, stand on a stool. Straining to reach such objects may not only hurt your mid-back and neck, but it can also bring on shoulder problems. Do NOT bend over at the waist to pick up items from the floor or a table. Instead, kneel down on one knee, as close as possible to the item you are lifting, with the other foot flat on the floor and pick the item up. Or bend at the knees, keep the item close to your body, and lift with your legs, not your back.

Carrying

When carrying objects, particularly if they are heavy, keep them as close to your body as possible. Carrying two small objects—one in each hand—is often easier to handle than one large one.

Healthy Diet and Exercise

While the proverbial jury is still out, we suspect that extra weight puts undue strain on your spine. Keep within 10 lbs. of your ideal weight for a healthier back. "Beer belly" is likely the worst culprit, as it puts unwanted pressure on the muscles, ligaments and tendons in your low back. The most efficient and effective way to reduce weight is by eating a sensible diet and exercising regularly. Consult with your doctor before beginning any exercise program, particularly if you have a health condition.

Sleeping

Sleeping on your back puts approximately 50 pounds of pressure on your spine. Other positions may be better. Placing a pillow under your knees while lying on your back cuts the pressure on your spine roughly in half. Lying on your side with a pillow between your knees may also reduce the pressure on your back.

Never sleep in a position that causes a portion of your spine to hurt. Most often, your body will tell you what position is best.

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Safety is the real issue here. According to the AAA Foundation for Traffic Safety, cloudy or severely oxidized headlights can be found on nearly seven out of every ten vehicles over three years old on the



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Emotional Baggage Can Hinder Natural Healing

By Dr. Kevin Kilday, PhD, D.Psc. / Holistic Health Center

The Centers for Disease Control and Prevention (CDC) has stated that 85 percent of all diseases appear to have an emotional element, but the actual percentage is likely to be even higher. Scientific studies indicate that your current health status is due to your mental and emotional reactions to events that have taken place during your lifetime. This is known as emotional baggage.

Your emotional health may be the most important factor in your future overall health. Holding on to emotional baggage weakens your body's immune system making it more difficult and longer to heal from minor infections to major diseases such as cancer.

Scientists have now discovered that every day emotional stress is a trigger for cancer tumor growth. Researchers showed that any sort of emotional or physical trauma can create pathways for cancerous cell mutations therefore making emotional factors contributors to cancer and disease. Today we are driven, anxious and readily accept stress as a daily part of life but it is causing cancer to germinate in our bodies.

Holding on to emotional baggage can cause some of the following daily symptoms:

- Constipation and/or diarrhea, stomach upset/pain/ulcers
- Back/Neck pain

- Depression
- Insomnia
- High blood pressure
- Anxiety/Depression
- Weight gain or loss
- Sexual problems/lack of desire



Some immediate feel good things you can do right now are:

Laugh: read a joke book, watch a comedy

Voice it: repeat often "I'm mad as hell but I'm going to make positive changes"

Cry: don't hold it back just let it flow (this includes you men)

Journal: ask yourself "what baggage am I holding on to and why?" Write it in a journal as often as you like.

Talk: to family, friends, clergy or a professional

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DEAR VAL, TRUTH, STRAIGHT UP

by Valerie Oliver

"God has not forgotten you
and He will never
leave you."



"Truth Straight Up" is written and founded by Valerie Oliver. She offers advice based on Biblical principles—not political correctness. Miss Oliver serves in several ministries including altar counseling. She's written several Christian-short stories and is currently working on her first novel: *Harpazo: The Witnesses*.

Dear Val,
Julie and I have been married twenty-two years. We've raised three great kids and we're expecting our first grandchild in February. I love my wife, and I can honestly say, I've never cheated on her and I don't believe she's cheated on me.

Last week, Julie told me that she loves me but she's no longer "in" love with me. Now I feel like everything's falling apart. She wants a trial separation—so she can find herself. Silly me, I didn't know she was lost. We have marriage counseling available at our church but she said she's not ready for that. Please help, I don't want to lose her.

—Frank of Palm Bay

Dear Val,
Four years ago, I lost one of my lungs to cancer. I hate to complain but I have no quality of life. I can't even go to the bathroom without my oxygen tank. I was supposed to have back surgery and that's when they found the cancer. My kidney is shot, and I'm in constant pain. The gals from Hospice are wonderful but there's only so much they can do. If I wasn't a Christian, I'd be looking for Dr. Kevorkian. I want to be home with the Lord but I think He's forgotten about me. I'm sorry; I don't even have a question for you, I'm just venting.

—Evelyn of Malabar

Dear Frank,
First, congratulations on twenty-two years of marriage, for the children you're blessed with, and for the future grandchild.

Now, for the problem at hand...Julie may be going through some kind of midlife crisis but it sounds as though your marriage has become stagnate. Quite often marriages fail because husbands and wives get caught up in yard work, PTA meetings, household chores, etc...Everything requires maintenance—including marriage. When was the last time you went out for a romantic dinner—just the two of you? Or the last time you bought her flowers—just because you were thinking of her? Sexual intimacy can become boring if it's routine or lacks romance. How about serving her breakfast in bed? Use your imagination! I also recommend watching the movie *Fireproof*, starring Kirk Cameron, and directed by Alex Kendrick. You should also check out, HowToFireproofMyMarriage.com

Satan wants to steal—kill—and destroy the family. Pray for your marriage—fight for your marriage—and above all, keep God as the center foundation. Julie may not feel ready for counseling; however, there's nothing from stopping you from going on your own.

Dear Evelyn,
There's no need to apologize. We should always share our cares and burdens with other believers for prayer and support. I'm terribly sorry for the pain and suffering you've had to endure. Dear lady, God has not forgotten you and He will never leave you. Stay the course and keep the faith! Remember, we are only here for a short while; this world is not our home.

"Whom have I in heaven but you? And earth has nothing I desire besides you. My flesh and my heart may fail, but God is the strength of my heart and my portion forever." Psalm 73:25-26. (NIV)

"Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day." 2 Corinthians 4:16 (NIV)

"He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away." Revelation 21:4 (NIV)

(ESV) English Standard Version; (NLT) New Living Translation; (NIV) New International Version. Mail your questions or concerns to: Truth Straight Up P.O. Box 120606 West Melbourne, Florida 32912 or e-mail questions to: askval@hotmail.com. For the protection and confidentiality of the individuals involved, letters may be edited and all names have been changed. Miss Oliver will not reply by e-mail unless specifically asked.



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PUMPKIN PUMPKIN SPOTLIGHT ON COOKING

by Cecelia Danas



Pumpkin Bread

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|-------------------------------|--------------------------|
| 4 eggs | 1 1/2 tsp salt |
| 2/3 cups water | 1 tsp cinnamon |
| 1 cup salad oil | 1 tsp nutmeg |
| 2 cups or 1-16 oz can pumpkin | pinch of powdered cloves |
| 3 1/3 cups flour | 3 cups sugar |
| 2 tsp baking soda | |

Beat eggs, add oil, water and pumpkin in and mix well. Sift in flour. Measure and sift together with the sugar, baking soda, salt and spices. Now add the pumpkin mix and mix well.

Bake at 350 deg. for one hour. Test to see if it is done.

PS. I love to add icing to it. It's just power sugar, vanilla and warm water.

In a well greased loaf pan added mixture.

This recipe is for sitting down with a cup of coffee or hot chocolate after taking the kids trick or treating. Or just a great breakfast, snack or dessert. Enjoy.

If you have any questions or would like to contact me, email me at lifecoaching7746@aol.com.

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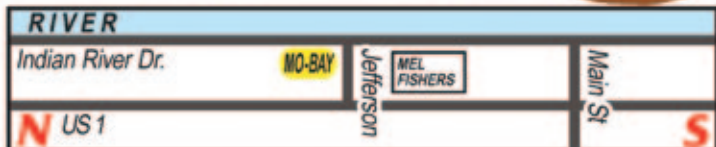


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WHY APPLE KILLED THE HEADPHONE JACK SPOTLIGHT ON COMPUTING

by Bill Ford, Data Doctors Computer Service

With the unveiling of the iPhone 7, the usual chatter about the latest features seems to be dominated by the seemingly odd design decision that Apple will eliminate the traditional 3.5mm analog headphone jack on all of its new devices in favor of the Lightning connector or their new proprietary wireless technology.

They actually aren't the first smartphone maker to make this decision as Chinese manufacturer LeEco and the Moto Z line from Lenovo (formerly Motorola) have already eliminated the headphone jack.

The iPhone 7 will ship with Lightning earbuds and a special 'dongle' that converts the lighting connector at the bottom to a standard headphone jack so you can still use older headphones.

Better Audio

Apple wants to get away from analog technology that was created in the 1960's and use a more advanced digital audio output. The Lightning connector at the bottom of the phone

is capable of providing more than just a way to charge the iPhone and digital audio is just one option.

While the new Lightning headphones are certainly capable of delivering higher fidelity audio, I'm not sure the average listener will hear the difference, especially if the quality of the audio file isn't all that great. Many companies, including Apple, are trying to roll out higher fidelity music services, so having higher fidelity headphones is a natural part of their strategy.

More Room Inside

Another benefit of getting rid of the headphone jack is that it frees up space inside the phone itself. Space is extremely tight in all smartphones, so every millimeter counts, especially when it comes to something as large as a 3.5 mm headphone jack. That extra space can be devoted to larger screens, bigger batteries, better antennas or a slimmer form factor.

The Wireless Future

We must remember that Apple was the



first computer company to get rid of floppy disk drives and CD/DVD drives in their computers and in the name of innovation, the headphone jack had to go. Unveiled along with the iPhone 7 were the new AirPods wireless earbuds, which uses proprietary wireless technology and will sell for \$159.

Apple knew that relying on the current Bluetooth standard for wireless audio would be too problematic, so they chose to create their own wireless connectivity technology to make things easier and more reliable.

3 Billion More Reasons

Many analysts scratched their heads when Apple agreed to pay \$3 billion to acquire headphone maker Beats, but it's now a little clearer how they plan to leverage that acquisition. Whether you end up using Lightning headphones or the wireless earbuds, they're both going to be more expensive than traditional headphones which plays right into Apple's 'premium products' strategy.

Initial Concerns

Some of the initial concerns being voiced over this radical change include the inability to listen to music while charging the phone, owning headphones that only work on Apple devices, losing the special dongle or if you opt for the expensive wireless earbuds, losing them (they aren't much bigger than traditional hearing aids) and having yet another thing to remember to recharge.

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SCLERAL CONTACT LENSES - A NEW THERAPEUTIC TREATMENT FOR PATIENTS WITH OCULAR SURFACE DISEASE OR SEVERE DRY EYES

Patients with ocular surface irregularities or diseases can experience numerous frustrating symptoms, including blurring or distortion of their vision, discomfort or severe dryness.

Fortunately, there is a new therapeutic treatment for such conditions known as **scleral contact lenses**.



Michael Mandese, O.D.

"Having ocular surface disease causes people to experience blurriness and distortion of their vision, and is not correctable by traditional eyeglasses or contact lenses," according to Dr. Michael N. Mandese, O.D., F.A.A.O., Optometric Physician and Chief of Neuro Eye Services at The Eye Institute for Medicine & Surgery.

Until recently there were relatively few non-surgical treatment alternatives to help improve the quality of life for patients experiencing ocular discomfort or distorted vision following corneal injuries, diseases, such as keratoconus or band keratopathy, or surgical procedures that have caused corneal surface irregularity.

With the development of the latest generation of scleral contact lenses, improved vision and relief of discomfort and dryness is possible for many of these patients.

"The scleral contact lens compensates for the absence of a smooth corneal surface by providing what is, in essence, a new, enhanced ocular surface much smoother than the one that the patient presently had," states Dr. Eric R. Straut, Optometric Physician and Low Vision Specialist at The Eye Institute for Medicine & Surgery.

"This is important both for comfort and vision as the surface of the eye bends light in a way that brings images into focus," explains Dr. Straut, adding, "a smooth surface can help produce clear images, whereas a rough surface may create images that are blurry or distorted."

"The new smooth surface created by the scleral contact lens bends light in a manner that was intended to help many people optimize their visual potential and eliminate blurriness and distortion they were previously forced to endure," adds Dr. Mandese.



Eric Straut, O.D.

TREATMENT FOR DRY EYES - AN ADDITIONAL BENEFIT OF SCLERAL CONTACT LENSES

Patients with severe dry eyes, often as a result of systemic disease or the use of certain medications are another group of people who may greatly benefit from a specialized scleral contact lens fitting.



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"Patients with Sjogren's syndrome, rheumatoid arthritis, lupus, sarcoid, Crohn's disease, irritable bowel syndrome, or one of many other autoimmune diseases often experience the most severe forms of dry eye syndrome," according to Dr. Straut.

"Symptoms of dry eye syndrome include severe dryness, foreign body sensation, blurring of vision, or surprisingly to many, excessive tearing," states Dr. Straut. "Patients are often surprised when I explain that the source of their excessive tearing is actually dry eye syndrome," remarked Dr. Straut.

"If your eyes feel dry, oftentimes the body attempts to compensate for this dryness by sending out more tears," explains Dr. Mandese, adding "unfortunately the quality of these tears is poor. This is why, in some cases, more and more tears are sent to the eye, leaving the patient with fluctuating vision, uncomfortable and unhappy."

"With full coverage of the eye and the lack of exposure to wind and circulating air, and with the eye being bathed in preservative free saline solution throughout the day, patients with severe dry eyes who have received a custom scleral contact lens fit often experience greatly improved comfort," states Dr. Mandese.

CUSTOM FITTING HELPS OPTIMIZE RESULTS

Using the latest technology, computerized scanning devices take multiple measurements across the surface of the eye to ensure a custom fit is made to help each patient to realize his or her maximum visual potential and ocular comfort.

"It's truly inspiring when a patient tells me that our efforts have not only improved their vision and comfort, but that their quality of life is substantially better due to the care we have provided at The Eye Institute for Medicine & Surgery," explains Dr. Straut.

A COMFORTABLE CONTACT LENS

"Compared to traditional "hard" or "gas permeable" contact lenses, the new scleral contact lenses are extremely comfortable in the eye," explains Dr. Straut.

"Unlike traditional hard or even soft lenses that move about in the eye when a person blinks, scleral contact lenses move only minimally. This absence of movement combined with a custom fitting, results in substantially improved comfort, particularly for patients with severe dry eyes," adds Dr. Mandese.

SCHEDULE A COMPREHENSIVE VISIT

Dr. Michael Mandese and Dr. Eric Straut are accepting new patients at their offices in Rockledge, Melbourne and Palm Bay. They participate with Medicare, Health First, and most other insurance plans. To schedule a consultation with either one of them, please telephone (321) 722-4443.



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Spotlight Magazine is proud to announce our Community Mover and Shaker for the month of October, Danny Smith.

Danny is the President of Paddling Paradise. In addition to being a small business owner, he is also the product

developer of the Fin Box Lock and Kumo Board. He is the race director for Stand Up Paddleboard Races and Triathlons. He supports several community and national charities, including a local Veterans Kayak Group.

Danny was born and raised in Melbourne and attended Eau Gallie High School. He has been practicing and competing in surfing, skateboarding, and sailing all over the world. After completing his education, he worked in the communications field, which allowed him to travel to many exciting and exotic places. He even spent some time living in the Caribbean. Danny eventually returned to the area where he continues to be involved in the sports that he loves.

Danny's passion is to work with people and to help them become more active. He works with beginners, teaching them basic skills, and also helps more experienced individuals to build or maintain their skill level and overall activity. Because of his own involvement with Paddleboarding, Kayaking, Surfing, Yoga, balance training and a wide variety of other fitness activities, he knows the benefits those activities can have. When he has the opportunity to share his expertise with others, he enjoys seeing how good it makes them feel, and the positive results they can achieve.

Phyllis D. Smith, CPA

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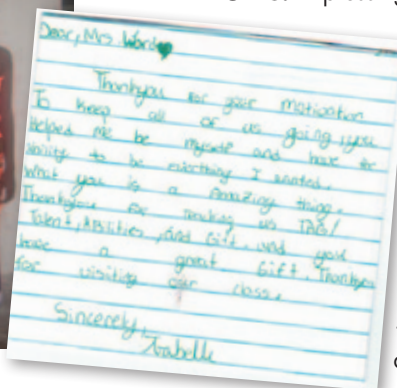
Every day, the bright light of our children is at risk of being drowned out by the rain of words and deeds of the bully. Since we can't stop the bully from doing or saying whatever they want, as parents, grandparents and teachers, we have an opportunity to protect our children by teaching them how Talented, Able and Gifted (TAGs) they are so that believe in themselves rather than the mean words of the bully said at school or on social media.



then, Pastor Alex has spread the word to parents and teachers in three Ugandan communities and to members of a Masai tribe in Tanzania on how to create,

Abilities: The skill they use to do what they love is their Ability: A God-given skill that comes naturally, easily - THAT is what they are born to do: rhythmic, flexible, creative, inventive, imaginative, bright, athlete, intuitive, funny.

Gifts: Expressing their value in the world through their Ability and Talent is the Gift they give: entertain you; good team mate; teach others computer games, share their poetry, block the tackle, kick a goal, make presents; help their classmates; decorate the table.



When you TAG Kids for Success™ each day by describing them using their Talents, Abilities and Gifts, you are strengthening their self-image, reinforcing that who they are is OK exactly as they are. This makes them able to not be hurt by the bully's words, because they know the truth about themselves. They hang on to their self-esteem despite what is said or done.

what Alex calls, Christ-like Confident Kids. He holds TAG Kids for Success™ monthly meeting in his churches and his teachers ask Ward for advice on how to motivate students and inspire parents to support and encourage their children's development of their Talents, Abilities and Gifts.

Then describe your child/student with their TAGs frequently to build their confidence and have them know what a gift they are to the world.

"Look at how you used your imagination (A) in writing (T) that interesting story (G) about the little boy and the tiger."

One 5th grade student from Mila Elementary wrote a Thank You Note to Ward after one of her classroom presentations: "Thank you for your motivation to keep us all going. You helped me to be myself and have the ability to be everything I want. What you do is an amazing thing. Thank you for teaching us TAGs/Talents, Abilities, Gifts and you have a great gift. Thank you for visiting our class."



Marty L. Ward, Founder of Confidence Eliminates Bullying, Inc. 501c3

Create Confident Kids to Eliminate Bullying™

Create Confident Kid programs include:

- Classroom & All School Assemblies
- TAG Students For Success™
- What Makes Them Unique & a Gift to Our World
Teacher Training Behavior Management from the Inside Out—5 Keys to a Stress Free Classroom and PTO Meetings & Parent Workshops
- Why "No!" Means "Yes" to them.
Feel Energized & Enthusiastic rather than Tired and Overwhelmed. Get More Cooperation and Fun Times. Go to <http://createconfidentkids.com/contact> or call Marty Ward at 321-848-4997.

"I saw you using your rhythm (A) when you clapped to that song on the radio."

"Now that drawing (G) is especially creative (A). How imaginative (A) of you to add the red, green, and yellow squiggly line to connect them all together."

"You were very athletic (A) on the field today; you darted between your opponents (T) and made the goal (G)."

Ward says, to TAG Kids for Success™, make a list with your child or students.

Talents: What they love to do is their talent: puzzles, bike tricks, play an instrument, fix what's broken, write stories, sing, paint, run the mile, tell funny stories, win computer games.

Ward says, "If you TAG Kids for Success™, you will create a win/win atmosphere at school and at home. Everyone can learn to be "Confidence Boosters" supporting each other rather than "Fault Finders" tearing each other down. You get more cooperation and time for fun both at school and at home."

In 2015, Pastor Buni Alex of The Amen Commission Church Uganda, Kampala City, Africa found <http://CreateConfidentKids.com> online and began communicating with Ward. Since



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Nicole Grammer



Happy Anniversary RE/MAX Absolute Service Team!

In 2002, when I first became a Realtor and went to work for RE/MAX, I never dreamed I would be where I am today:

Nearing the anniversary of my third year as a RE/MAX Brokerage owner.

RE/MAX Service Team celebrated its' grand opening in March of 2014. After only six months into my first year as a brokerage owner, an opportunity was presented for me to expand my business by pursuing another local RE/MAX franchise.



Suddenly, in October 2014 RE/MAX Service Team and RE/MAX Absolute became one, and RE/MAX Absolute Service Team was born!

I've never been fearful of a challenge but it was a bold move, even for me. Being a single woman, with a single income, and nothing but a small personal loan to start, I jumped in with both feet and a passion to succeed! What I got was the ride of my life! I can admit now I didn't have much experience with the ins and outs of running a business. I was a determined and successful Realtor but I learned quickly there was far more to running a business than being a successful Realtor. Suddenly, on top of managing my own clients, there was an office and overhead, employees and payroll, budgeting, marketing, recruiting, and the list goes on. It was a bumpy ride and at times a bit frightening but quitting was never an option! I had a vision of what I wanted my office to be and I poured my heart and soul into making sure that I knew the answers to any and every question someone may ask. The biggest challenge to keep the company growing is definitely time management — simply

making time every day to devote to business development is sometimes difficult.

Nearly three years later the business is thriving! Presently our office consists of two full time office staff members, a business Operations Consultant, some bumps and bruises but a much clearer vision for the next three years. I've learned the ropes of what it takes to run a successful business, including the implementation of solid office procedures, in addition to a strong, dependable team that gives me the confidence I need to know that my business is being taken care of.

Also a part of my first three years was the honor of being nominated as Business Champion of the Year through the Cocoa Beach Chamber of Commerce. I was humbled by the nomination and credit my staff and agents for their dedication and commitment to



the Absolute Service Team, where Absolute Service exceeds your expectations! I'm sure there will be a few more bumps and bruises along the road but with each bump is an opportunity to grow and improve, while extending ourselves beyond the limits and develop my company into the great real estate brokerage that I know it will be!



Nicole Grammer – Broker/Owner

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Honest John's

By South Brevard Historical Society

After fighting in the Civil War, former soldiers traveled along the Indian River Lagoon seeking a quiet place to settle down and begin a new life. Of the many locations homesteaded during the late 1800's, two of the more interesting sites were the Smith and Latham properties.

Leaving Georgia for Florida in 1887, brothers Robert Toombs Smith and Charley Smith spent the last leg of their trip sailing along the eastern shore line of the Indian River Lagoon to the mouth of Mullet Creek where they laid claim to 159 acres. The site is approximately 5 miles north of Sebastian Inlet and known today as oHonest John's Fish Camp. The brothers cleared the land by hand for a house and an area to grow produce, which would become their business. The 2-story house, built with local materials such as heart pine for siding and floors and coquina for pilings, still stands today. The family grew and shipped



produce until Robert's third son, "Honest" John, grew up and changed the family business to commercial fishing. Today the homestead is known as a great place for fishing and kayaking www.honestjohnsfishcamp.com.

In 1800-1801, Oak Lodge was built on the eastern shore of the Indian River Lagoon opposite of what is now the city of Grant. Charles Latham purchased a 164 acre property and had a ten room wooden structure built to house scientists who traveled to the area to study the local plants and animals. He and his wife Frances lived on the property and often participated in the research. A fire destroyed the original building in 1893.

The second building burned in May, 1910 on an especially memorable night. Halley's Comet was visible in the sky above the burning building as one looked from the western shore. The land is now occupied by the Aquarina Golf Course.

At the next meeting of the South Brevard Historical Society, Barbara Arthur, daughter of Honest John Smith, will take us through the fascinating history of Brevard's South Beaches, Honest John's Fish Camp and Oak Lodge. This free presentation is open to the public and will be on October 8th from 3:00pm – 4:00pm at the Melbourne Public Library, 540 E. Fee Ave., Melbourne, Florida 32902.

Please visit the South Brevard Historical Society's website at www.southbrevardhistory.org for further information about Brevard's history and local events.



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I'LL FLY AWAY

By Wanda Villaverde

CCM: Together, doing life RIGHT!



We all make plans in our lives. are the normal things, such as doctor. Sometimes things go according to plan and sometimes due to unforeseen circumstances, things don't work out precisely as expected. For example, Sunday morning I had planned to fly to Florida for the closing on the sale of our house. I had a tight schedule but usually I like it that way. Why waste time in airports? I had planned to take a 45 minute flight from David to Panama City, then catch a flight from Panama City to Orlando. I had only an hour and a half to get from the domestic terminal to the International terminal and to go through two security screenings but that shouldn't be a problem as I'm very familiar with the airport. In order to speed things up even more, I decided that I wouldn't bring any luggage. So I stuffed my back pack full of clothes and planned to pick up toiletries when I arrived in Orlando at 4:30.

When it was time for the plane to make its final descent the pilot announced that there was inclement weather in Panama City, so we would be in a holding pattern for the next 10 to 20 minutes. I checked my watch and said to myself, 'no problem I can still catch my flight.' Thirty minutes later, the pilot announced that we would be landing.

I thought, finally, I can get off this plane and catch my flight. The only problem was we weren't landing at Tocumen International airport but Aeropuerto Panama Pacifica. My mind began racing. Are there going to be buses to take us to the other airport? What in the world am I doing here? I didn't see any sky scrapers when we landed, just beautiful ocean scenery and a few container ships waiting to go through the canal. This did not bode well for me. Apparently, we had just landed there to refuel. We sat on the ground for an hour before making the 10 minute flight to Tocumen.

We arrived just in time for me to see my flight to Orlando pulling away from Gate 7A.

Unlike my plans, Gods plans are always perfect, His timing is always perfect and His delays are always perfect. In the Bible, we learn about God's amazing plan to rescue His children before the Tribulation. The Bible tells us that in the last days perilous times will come (2 Timothy 3:1-5). Mass shootings, natural disasters, declining morality, we are seeing these things all around us on a daily basis. We should not be alarmed by these events. John 14:1-3 tells us, "Do not let your hearts be troubled. You believe in God; believe also in me. My Father's house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you? And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am." This verse gives us hope for our future -- our eternity.

God loves us so much that he has given us every opportunity to avoid His wrath by His plan of salvation through His son Jesus. God's desire is that none should perish. For this reason we should be praying for our unsaved loved ones and inviting others to church. I found myself wondering how we will ascend in the sky. Will we float peacefully to heaven or will we shoot up like a rocket? I think I would prefer the latter. The one thing I do know is, that it will be one flight I don't want to miss!



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A Generous Spirit Blesses Us All

by Dan Taylor, Audioprosthologist, Mission Hearing

One of the things I am most proud of about our great nation, is that without a doubt, year in, and year out, we are the most generous nation on this planet.

It's something we all have a right to be proud of, and something that just seems to be an innate part of people's nature. Most of us will go out of our way to help someone in need, or less fortunate than ourselves. It was in recognition of this inherent generosity that we morphed A Advanced Hearing Care, into this greater mission known as Mission Hearing, Inc.

After working with the IRS on our tax exempt status since the first of the year, we finally got our full 501.c3 exemption early in September. It took us so long because we have built a business model like none other that the IRS had ever seen before. An admittedly chimeric creature, with a simply stated mission of helping more people to help more people hear better.

How we go about it is what is so very different than anyone else in our industry, that it took them nine months of us working together with their examiners to explain just what we are about.

Let me just say here something I never thought I'd be saying, these folks were great to work with on this certification. Their examiner, a Mr. Shamburger, went out of his way to help us to understand what they needed from us so that we could finally earn their seal and certification. This man certainly exemplified everything we would want in a diligent revenue agent, or any other civil servant.

What was so different in our plan and program, is this; we've designed a charitable component into everything we do at Mission Hearing.

We are not a for profit corporation, but one designed specifically not to be. But rather one formed from the start to take those extra profits that would normally go back to stock, or equity holders, and put them right back to work for those amongst us who are least able to help themselves.

Specifically, and simply on the most fundamental level, here is how the retail part of our operation works; every time we fit a new set of gear for one of our regular paying customers, we'll set aside a pair for someone less fortunate, who wouldn't be able to afford better hearing, excepting for the knowing participation, and generosity of our paying customer, and our intervention.

We're even going to throw in the fitting, and professional fees for the recipient, and you have my word the recipients of our care will be treated just like our paying customers regarding service, and the way we watch after their hearing care needs.

So now that I've explained a bit more of our expanded mission here at Mission Hearing, Inc. I'd like to share with you the heartwarming example of the generosity at the heart of everything we are about.

At the beginning of this summer, an old and dear customer of ours, Ms. Winnifred Richey, or Winney as she liked to be called

came in to see us. She was an incredible woman, and a real joy to take care of over the years. A little bitty gal so full of life, and energy that it was hard to get your head around the fact that she was in her nineties. She always had a smile on her face, an incredible laugh, and the most enchantingly lilting Irish accent I've ever heard.

She was getting ready to go off to Ireland, her homeland, to visit her extended family, and was wondering if there was anything I could do that would give her better understanding in those really noisy family get togethers, and such that she was so looking forward to.

Since we had just fit her rather recently with really good set of gear, the first thing I wanted to make sure of was that what she had was working properly. We checked, and she also assured us that there was nothing wrong with her current gear, she just wanted to know if there was anything that would give her better performance in those really noisy places that she was anticipating on her trip.

When anyone comes to me with that question, new, or old customer, my honest answer is, I don't know. Everyone processes sound differently. It's why we still have over a dozen currently recognized fitting formula that will take the same loss and apply gain in different ways and frequencies. But, as when anyone asks, we're happy to help them find out, at no charge, or obligation.

We set Winney up with a set of Widex 440 Unique instruments, their top of the line, and the gear I myself enjoy wearing. I wrote her up a very generous trade allowance on her like new used gear she was wearing and turned her loose for a trial to see how the 440s worked for her.

Honestly, it was one of the shortest trials I can remember. She walked down the street to Meg O'Malley's, our local Irish (what else) Pub for lunch, did so well that she came back and wrote us a check for the new gear. It was the last time I was to see this old and dear customer.

A few weeks back two lovely ladies came into our store in downtown Melbourne with a sack full of hearing care gear. It was Winney's. They were her daughters, and they advised me that shortly after their mother had returned from her trip, she had fallen ill and passed away.

Now, friends I love each and every one of my customers, and I'm always bragging about how I have the best ones in the known universe, but losing this one really hurt. I'll miss her, and I know full well her family misses her terribly. She was one of the most kind hearted and, generous woman I've had the pleasure of serving.

They asked me if there was anything that I could do with their mother's like new, premium hearing gear. It still had the balance of a three year warranty, and were only months old.

I explained how we had just received our certification as a tax exempt organization, and asked if they would like to donate

their mom's gear to our cause.

They thought that it would be a great idea, given their mother's generous nature, but needed to check with a brother before giving the final approval. They returned within the hour with that approval, and approval to tell of their mom's wonderfully generous spirit, in what we did with this gear.

Here is what we did. Now, for a couple of months now I've been looking for just the right gear to fit another old customer, Ms. Dinah Parker. Like Winney, Dinah is the real deal, a salt of the earth gal who would and always has given to those less fortunate whenever, and wherever she could. And, like Winney, she's always got a smile on her face, and leaves you feeling better than when she came in. Always quick with a laugh, joke, or story.

But, life hasn't been as kind to Dinah, and when she lost one of her seven year old hearing instruments, and the other one quit, she found herself with a need and no apparent way to fill it, as her budget was already stretched with just the day to day needs of living. The very type of person our Mission was designed to help.

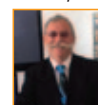
About this time, we had another incredible new customer come to us with some totally worn out gear in need of replacement, and a need for the very type of high end noise performance that Winney's gear delivers. She had a decent budget, but not one that would purchase her the top of the line gear that her employment, and noise situations called for.

We explained the availability of Winney's gear, it's capabilities and the fact that it had the balance of a three year warranty, including the original packaging. We offered her a great deal, well below the cost of this gear new. With the proceeds from her purchase, we bought, and fit Dinah with a brand new set perfectly suited to her needs, and lifestyle, at no charge, and with what we had left over, we paid Mr. Steve McCrory of Webgrids to help us build out our web portal to take our message and mission to the greater world.

I just pray that in doing so I did Winney, and her family justice for their incredible generosity to others. To say that I am grateful to them would be a gross understatement.

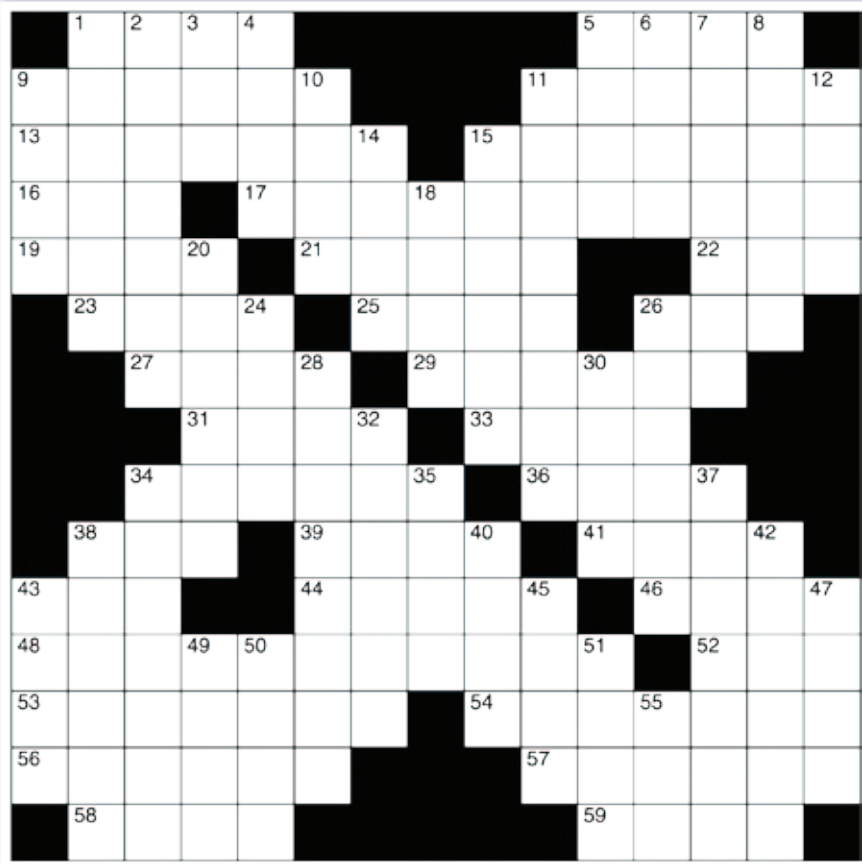
Folks, that's what we are about here at Mission Hearing. Helping more people to help more people hear better. If, we sound like the type of outfit you'd like to take your hearing care needs to, we'll be sure that you get the same care and attention we give all of the best customers in the known Universe.

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Spotlight Crossword Puzzle



clues ACROSS

- | | |
|---------------------------------------|--|
| 1. Nonsense (slang) | 33. Clan |
| 5. Military leader (abbr.) | 34. A form of comedy |
| 9. Removes | 36. Defy |
| 11. Streamed | 38. More (Spanish) |
| 13. Inner ear cavity | 39. Sixteen ounces |
| 15. Where to go after high school | 41. Adventure story |
| 16. Olympics host | 43. Liquid distilled from wood or coal |
| 17. A day to remember fallen soldiers | 44. Michigan ghost town |
| 19. Forearm bone | 46. Fond of |
| 21. Bypass surgery pioneer F. Mason | 48. Pearl Jam frontman |
| — | 52. Clothes |
| 22. Judo garments | 53. Flinches |
| 23. Gentlemen | 54. Giving the axe |
| 25. Large wrestler | 56. Where planes are kept |
| 26. Large integer | 57. Intervals |
| 27. Makes a soft sound | 58. Plant's unit of reproduction |
| 29. Some claim to have six | 59. Equips |
| 31. Sunfish | |

clues DOWN

1. Cooks by exposure to direct heat
2. Using few words
3. Wood
4. Steer
5. Soft drink
6. Consider
7. Clears from a river
8. Claim again
9. Beige
10. Witnesses
11. Spiked
12. Partidge actor Susan and Marmaduke director Tom
14. ___ and Andy, TV show
15. Fraiche and de Menthe are two
18. Burden
20. Olfactory properties
24. Carbon particles
26. Set of four
28. A sweater pulled over the head
30. Relaxing places
32. Gets up
34. Canned fish
35. ___ Blyton, children's author
37. A conceited and self-centered person
38. Fine-textured cotton fabric
40. Turner and Kennedy
42. Repents
43. Smartphones, tablets, etc.
45. A way to garner
47. Eat them for breakfast
49. Former Tigers third baseman Brandon
50. Oh, God!
51. Canadian flyers
55. One legged Chinese mythological demon

Answers on page 44



Anyone can look on
a map to find parks.
Not everyone can
tell you where the
hidden dog paths are.

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to ensure the continuation of this life-saving training.

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"Stop the Bleed" is a nationwide campaign to empower individuals to act quickly and save lives by using life-saving interventions such as pressure and tourniquet application. Health First trauma providers and law enforcement officials are teaching "Stop the Bleed" training classes (Bleeding Control for the Injured B-con) at the Health First Training and Education Center (3470 N. Harbor City Blvd., Melbourne) at no cost to the community, thanks to the generous support of the Health First Foundation. However, donations are being accepted

If you are interested in donating to the Health First Foundation to ensure the continuation of this life-saving training, please call 321.434.7353 or visit www.HFgive.org" HFgive.org.



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How good are you at spotting items?

This month, we've placed 7 Spotlight graphics (shown above) on other pages throughout the magazine. Your job, should you choose to accept it, is to find all 7 of these Spotlights and list the advertiser and the page on which you found it. Have fun!

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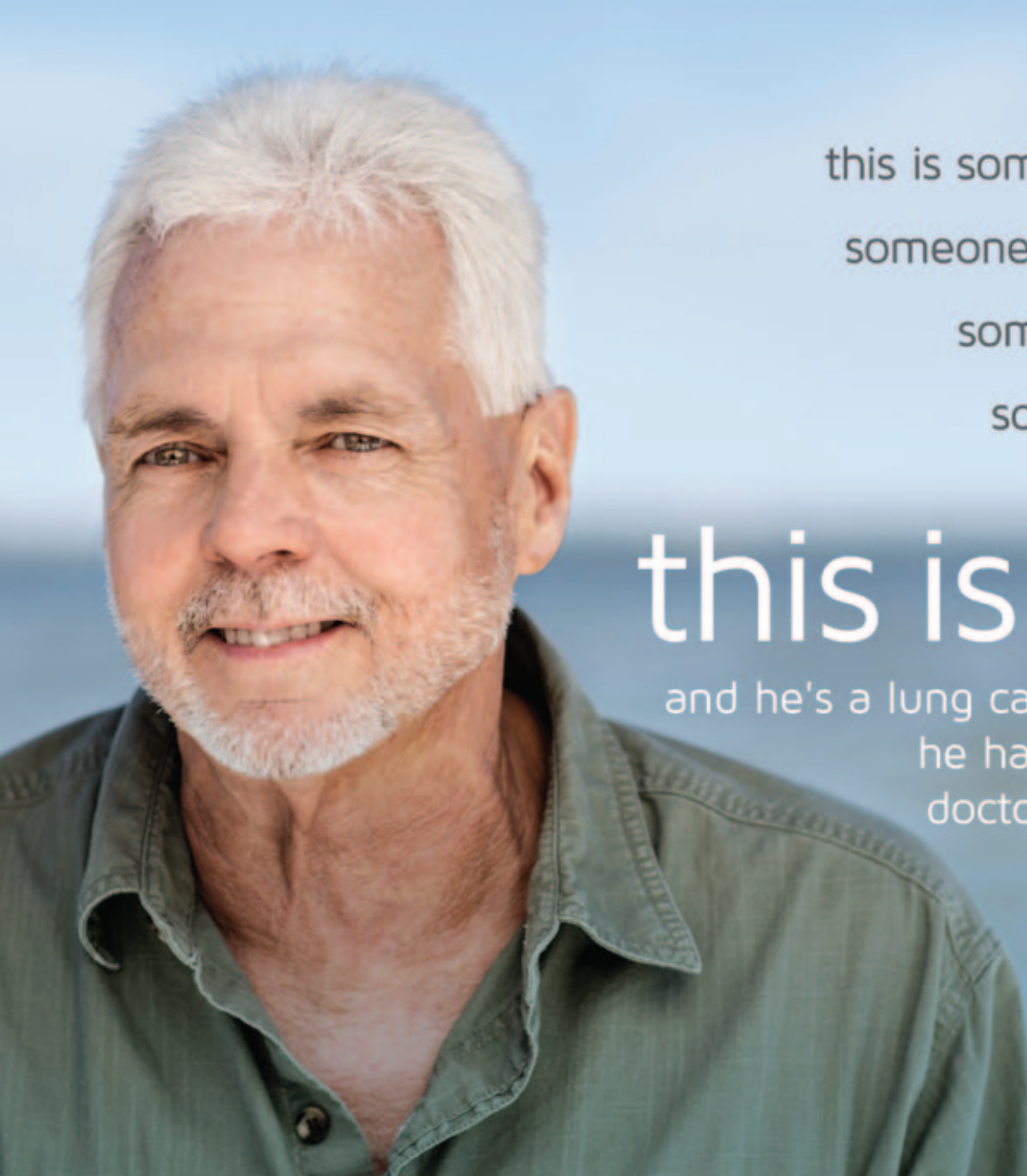
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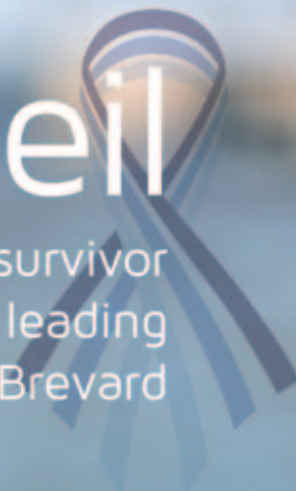




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