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may 2016

spotlight

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2016 Blue Water Open Offshore Charity Fishing Tournament



June 3rd & 4th
pg12-13

pg3» Spotlight BUSINESS OF THE MONTH IS





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Spotlight BUSINESS OF THE MONTH



NOTES FROM THE PUBLISHER'S DESK

Bryan McDonough

Welcome to the May issue of Spotlight Magazine. Get ready to fasten your seatbelts, because it's going to be a very busy month around here in our community!

May 6th will mark the One Year Anniversary Celebration of the First Friday by the Bay Festival in Palm Bay. As a special treat, the La Calle Band from Disney Springs will be the featured band. This great event provides music, food and fun for the whole family, so be sure to check it out

Sunday May 8th is Mother's Day. As we do every year, we take this time to honor our mothers, whether they are near, far, or no longer with us. If you are fortunate enough to have your mom close by, think about treating her to dinner at one of our many wonderful Brevard restaurants...or plan a special meal and celebration at home. Spotlight Magazine salutes all the mothers out there, and we hope you all enjoy your special day!

We look forward to Brevard's largest fashion show on May 14th. "Fashion Night Out" by Michael Emmanuel Couture is being held at the Melbourne Auditorium, starting at 6:00 p.m.

Memorial Day is celebrated this year on Monday, May 30th. Many people consider this date to be the official beginning of the summer season. But we must never lose sight of the fact that this holiday is a time for us to honor and remember all those who died while serving in our country's armed forces.

Looking ahead, June 3rd is The Blue Water Open Offshore Charity Fishing Tournament being hosted by the Sebastian Exchange Club Foundation.

More information on all these events and many others can be found in this issue of Spotlight Magazine, as well as on our website.

Until next month,

Bryan McDonough
Publisher, Spotlight Magazine, Inc.

We keep you in
THE SPOTLIGHT



A MONTHLY PUBLICATION
May 2016 | Volume 19 | Issue 05

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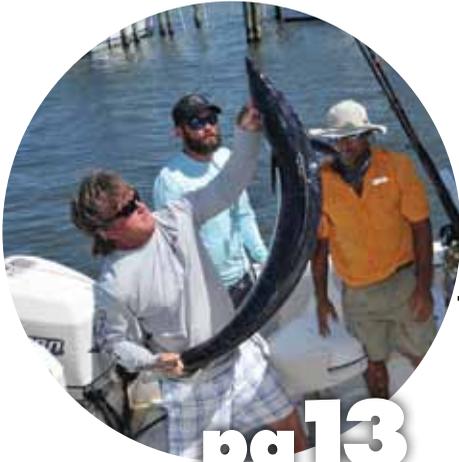
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inside the Spotlight

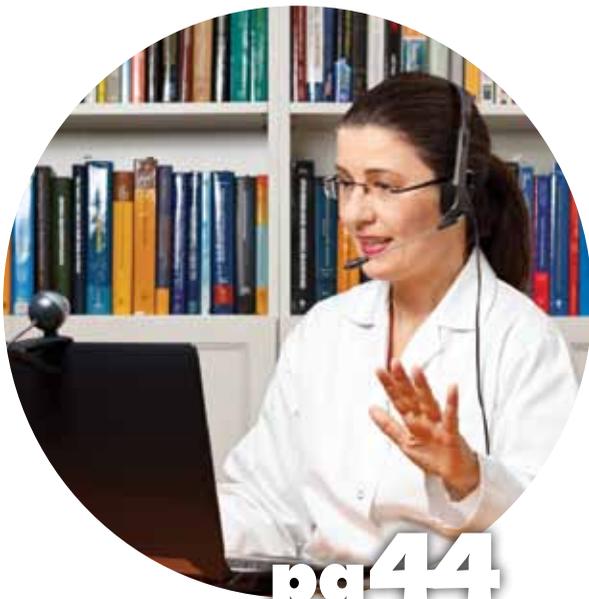
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CHASING TOMORROW

by Jim Campbell, First Baptist Church of Melbourne

I think we've all done something that we would deem "stupid". At some point, we may have shaken our head, took a deep breath and thought, "I know better than that"...and we probably did. We've watched a leader or a celebrity or a professional athlete make a mistake that severely tarnishes their image or destroys their career, and thought "they should have known better." They had all the talent, or all the money or all the authority. They were some of the smartest business people or speakers or politicians with thousands or even millions of adoring fans. They should have known better, because we think, mistakenly, that all we need to do better is to know better.

We all can fall prey to the fallacy that if we knew enough, we could avoid moral failure. Secularly, we think that one more law, program, class, speech or piece of knowledge will equip someone to conquer the desire to do what is wrong. We think that if everyone gets an education, a job, a house and a spouse, with 3.5 kids, they'll be fine...and when they do, and they aren't, we're shocked.

We fall into this ideology in the church, too. We think one more Bible study or one more famous pastor's book or one more Bible verse memorized can save us, but that's not true.

This line of thought is like trying to chasing tomorrow. Just when we are seconds from catching tomorrow, the clock turns and we are as

far away as we'll ever be...once again to chase, but never to catch, because tomorrow is always out of reach. The reality is that we will never gain enough knowledge to avoid what is within us alone.

At the end of Matthew 9, Jesus went through the country in His time, seeing all manner of disease, distress, sickness, mental and emotional illness or horrid compulsion, and his response was to send people out that would introduce others to Him, and that's what His response always has been.

If one more lesson learned at a church meeting or one more enlightened quote from a politician as they passed that special law could stop someone from doing wrong, it would have been done a long time ago. Being rich doesn't make you wise. Being powerful doesn't make you self-controlled. Being smart doesn't make you moral, because information doesn't make you right.

The truth is that the solution and salvation we seek was never in what we know, but in WHO we know and the only who that will make a difference is Jesus.

Jim is the Campus Pastor and Primary Communicator at Bay West Church, meeting at 100 Emerson Drive NW on Sundays at 11am. For more info on Bay West Church, check us out on Twitter, Facebook, Youtube or www.baywestchurch.org.



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1st Annual Crane Creek Founders Heritage Festival

MAY 28th

Pastor Lorenzo Laws and the members of Greater Allen Chapel A.M.E. Church

proudly invites the community to join us at its 1st Annual Crane Creek Founders Heritage Festival on Saturday, May 28, 2016 from 10:00 am to 6:00 pm. The festival will be held on the north end of Lipscomb Street and Prospect Avenue in South Melbourne. The one-day festival will showcase dance, arts and crafts, music of all types, informational booths, and vendors displaying their wares, including specialty foods. Children's entertainment activities will also be provided. The festival is free to the public.

The vision of the festival was conceived by Pastor Laws based on the following historical facts. Shortly after the



Still Standing... Just west of Lipscomb Street, is the home of one of the three founding fathers, Wright Brothers and Mary Brothers. The Brothers, along with Balaam and Salina Allen and Robert and Carrie Lipscomb, were the organizers of Allen Chapel.

civil war, (1868-1874), three Black freedmen: Wright Brothers, Peter Wright and Balaam Allen settled in Florida along the banks of the river that is now known as Crane Creek. Each of these men received property on the north and south sides of Crane Creek. According to the 1880 census of Brevard County there were just five Black men who were heads of families which included Brothers, Wright and Allen.

In 1884, in a tiny house on the southern banks of Crane Creek, Wright and Mary Brothers, Robert and Carrie Lipscomb, and Balaam and Salina Allen met for the purpose of organizing a place of worship for themselves and others of the Black community. In 1885, the first church structure for Allen Chapel A.M.E. Church was built on the northern end of what is now Lipscomb Street. This was Melbourne's first house of worship. According to the Florida Star, the founders of Allen Chapel A.M.E. Church, now known as Greater Allen Chapel A.M.E. Church, Balaam Allen passed away in 1893, Wright Brothers passed away in 1910, and Peter Wright in 1925. Greater Allen Chapel celebrated 131 years of service to the community in February.

Given the history of Crane Creek, now known as Melbourne, Greater Allen Chapel is hosting the festival to increase awareness of African American culture and history, the role it played in the development of the city of Melbourne and to provide future community enrichment activities. The ultimate goal for this event is to provide a sense of pride for the aggregate Melbourne community.

To ensure the success and the continuity of the festival, the Crane Creek Founders Heritage Festival Committee is accepting vendor applications, sponsorships and In-Kind contributions from community supporters.

For additional information please contact Mr. Marquis Campbell at (321)288-3384 or marq.campbell@gmail.com or Ms. Elsenja Jordan at (321)632-8844 or elsennaj1@bellsouth.net. You may also contact the church at (321)724-1557 or visit the festival website at CraneCreekFHS.org.

Honorary chairmen for this venue are Mr. Valene Croskey, Jr., Mr. Charles Jackson, Sr. and Mr. Leon Tucker Sr.



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SEBASTIAN EXCHANGE CLUB FOUNDATION'S 2016 Blue Water Open Charity Offshore Fishing Tournament

The Sebastian Exchange Club has a long history of promoting the prevention of child abuse and making the community a better place to live. These efforts are made possible by their annual offshore fishing tournament, The Exchange Club of Sebastian Foundation's Blue Water Open Charity Offshore Fishing Tournament. This year's tournament will be held on June 4th at Capt'n Butcher's Waterfront Resort, Seafood Grille and Bar on Indian River Drive in Sebastian.

This tournament is run like a fine-tuned instrument. Activities begin at 6 pm on Friday June 3rd with boat registration, the VIP Sponsor Party, Captain's meeting, raffles and much, much more. Fishing starts at 6 am on Saturday morning, June 4th. There is no check-out and boats can leave from any inlet, but must check-in at Capt'n Butcher's between 2 and 5 pm at the weigh-in, no exceptions. Boats must be registered on Friday evening by the captain, in person. Entry fee is \$250 per boat. The event boasts a guaranteed purse of \$16,000. The species placing in 1st through 4th places on the main board are wahoo,



dolphin, kingfish and grouper. There's also a bonus board that awards 10-\$200 places that didn't make the main board. In addition, \$1,000 each can be won for biggest amberjack and cobia, even though these species are not in the tournament categories.

This will be the 23rd year for the Blue Water Open. Through the years this event has raised over \$433,000, which is donated back to the community through non-profit organizations whose goals are to prevent child abuse, promote youth, and support the community. Some of the charities benefiting from the event are Youth Guidance, Yellow Umbrella Child Abuse Prevention Center, Boys and Girls Club, Hibiscus Center, local Boy Scout troops, Shiloh Youth Ranch, Roseland Ecumenical Food Pantry, and school sports associations.

The Sebastian Exchange Club encourages the fishing community to come out on June 3-4 and fish this tournament. Not only do you have a great chance to earn some prize money, but you will be helping a lot of worthwhile causes.

Please visit our website for more information at www.fishingforcharity.org/bluewateropen.



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Roy Garton has always enjoyed media in one form or another. Since his boyhood, Roy has either been in front of or behind the camera or microphone. As Social Media exploded, Roy spent his spare time following and researching the ever changing cycles of how communication has changed. "We are a very mobile society now and your smartphone now accounts for almost everything you do. From shopping, your emails, paying your bills, scheduling appointments, to even running your business." Roy further explains. His background in technology and broadcasting has allowed him to share his knowledge with other businesses who are looking for solutions



to their marketing plans. Mr. Garton especially loves working with small business owners who struggle with social media. "Many of these Mom and Pop business owners think having a Facebook landing page and a web site is all they need to do. Sad fact is many of these folks do not keep either site updated and there is so much more that they need to do to reach their market share." Garton stated. "Digital Video is a key part of marketing today. Many small business owners think that having a professional video is beyond their budget." Roy clarifies that video is now in use by businesses - not only on their web and Facebook pages - but also on Instagram, Vine, YouTube, Twitter, and Snapchat. It all circles back to mobility. The good news is video production for small business owners today is more affordable than they may realize.

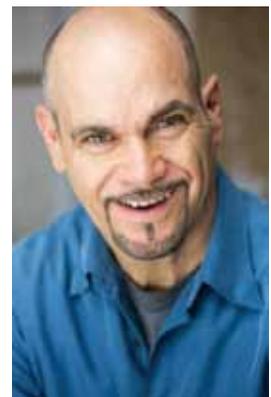
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Roy earned his degree in journalism with a minor in marketing management. He holds certifications in social media and inbound marketing. Additionally, he is an accomplished professional actor and voice-over artist. He has appeared in various television series, local and national commercials and independent films. With a smile, Roy calls it his passionate hobby. For more information or to set an appointment for your business call FDMC Social and Digital Media at 321-759-7256 or email them at info@floridadudemarketingconcepts.com you can visit them on the web at www.floridadudemarketingconcepts.com FDMC is completely mobile with their production equipment and accepts all major credit cards.



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DON'T LET YOUR BACK GET OUT OF WHACK WHEN ATTACKING WEEDS AND LEAVES

SPOTLIGHT ON CHIROPRACTIC HEALTH

by Dr. Deanna Carlisle, Carlisle Chiropractic Center

The state-of-the-art equipment available today for lawn and leaf management and can help turn the average homeowner into a lawn specialist overnight. But the use of weed trimmers, leaf blowers and hedge clippers has also been sending many aspiring landscapers to the office of their local doctor of chiropractic. Using this equipment can result in back and neck pain, as well as more serious muscular strains and tears if not used properly.

Tips On Safely Using Your Outdoor Equipment

The following tips are to help you safely enjoy a productive day in the yard:

Regardless of what piece of equipment you are using, make sure it has a strap-and that you use it. Place the strap over your head on the shoulder on the opposite side of your body from the device. This will help normalize your center of gravity.

Be sure to switch the side on which you are operating the equipment as often as possible, and to balance the muscles

being used, alternate your stance and motion frequently.

Take frequent breaks from the activity of the day. Muscle fatigue may be felt when using any of these devices for an extended period of time.

Consider electric-powered items, especially if you experience back or neck pain, as they tend to be much lighter than their engine-powered counterparts.

When picking up or putting down your equipment, be sure to bend from the knees, not at the waist. Keep the object close to your body as you lift, not at arm's length.

While it is critical that you operate your yard equipment safely, it is equally important that you prepare your body for the work you are about to do. Make sure to include a warm-up/cool-down period that involves stretching to help avoid injury.

Simple Stretches For Everybody

Before stretching, there are a few tips to keep in mind. Breathe in and out slowly throughout each stretching exercise until the muscle is stretched to its furthest point. At that point, hold your breath in. When you relax, breathe out. Stretch gently and smoothly. Do not bounce or jerk your body in any way and stretch as far as you can comfortably. You should not feel pain.

The following are a few easy stretches for getting the most out of the time you spend in the yard:

Stand up and prop your heel on a back door step or stool with your knee slightly bent. Bend forward until you feel a slight pull at the back of the thigh, called the hamstring. You may need to stabilize yourself by holding onto a garage door handle or sturdy tree branch. Hold the position for 20 seconds, then relax. Do it once more, then repeat with the other leg.

Stand up and put your right hand against a wall or other stable surface. Bend your left knee and grab your ankle with your left hand. Pull your heel toward your buttocks to stretch the quadriceps muscle at the front of your thigh. Hold that position for 20 seconds, relax and do it again. Repeat with the other leg.

Weave your fingers together above your head with your palms up. Lean to one side for 10 seconds to stretch the side of your upper body, then reverse. Repeat two or three times.

"Hug your best friend": Wrap your arms around yourself after letting your breath out and rotate to one side, as far as you can go. Hold it for 10 seconds. Then reverse. Repeat two or three times.

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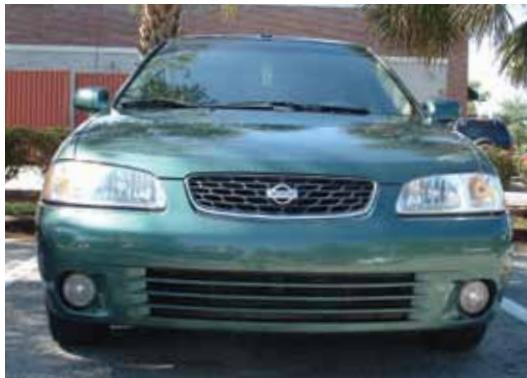
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We will never leave a fallen brother or sister. If they are hurt, we will carry them. If we can't carry them, we will drag them. Right by their side we will face their enemies, to include the demons from within.

They are my brothers and my sisters and God placed me on this earth to go out there to save that one person no one could reach and bring them HOME.

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—Rev. Kenneth C Torres

Our Goals:

Even though we will be called Veteran's Church, we are not a church in the traditional sense. We will be providing Spiritual Support and guidance but more than anything



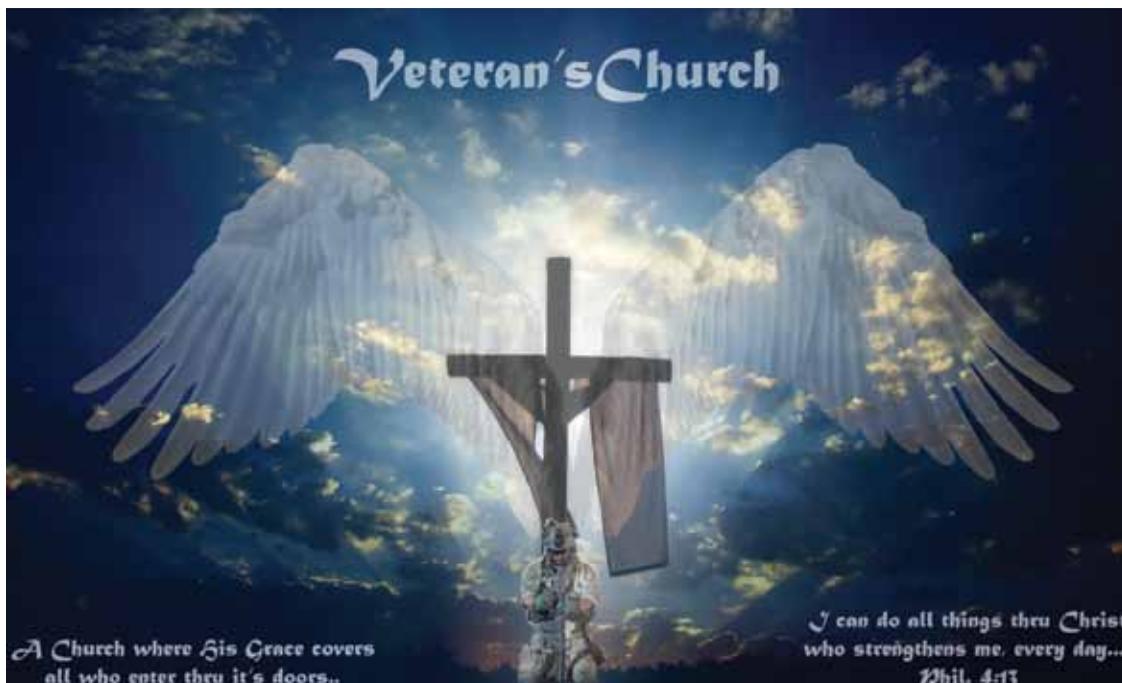
we will be providing a much needed venue for our brethren to come and speak or vent without the fear of reproach or judgment that they would face in a more traditional venue of worship.

We will establish a support system not only for our Vets and their families but also for Active Duty Members that may come our way. This support system will consist of Clergy (who will be Vets), Health Professionals and different local and government offices.

We will Endeavour to meet their needs in a private manner. By identifying needs and supplying them or directing to organizations or institutions that can.

We have established a pantry program, where we will be stocking food items along the line of MRE's, water, blankets, sneakers, T- shirts and personal hygiene items. So if a Vet or family approaches us with an immediate need, we will be in a position to help.

We will be actively and aggressively fighting against the suicide plague that is killing our brethren at a rate of 22 daily. We are going to tackle this Spiritually, Emotionally and Humanly. We will fight just as hard as we did on the battlefield. We know our cause is just and with God on our side we will not fail.



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DEAR VAL, TRUTH, STRAIGHT UP

by Valerie Oliver

"Ask God for discernment
and study your Bible..."



"Truth Straight Up" is written and founded by Valerie Oliver. She offers advice based on Biblical principles—not political correctness. Miss Oliver serves in several ministries including altar counseling. She's written several Christian-short stories and is currently working on her first novel: *Harpazo: The Witnesses*.

Dear Val,
Six months ago, I was saved after listening to a pastor's teaching on television. He said to find a Bible based church and I did. I love where I'm going, but my pastor warns us about watching televangelists. If people are getting saved, what could possibly be wrong with it?

-Joel of Melbourne

Dear Joel,

Many gifted and anointed pastors can be found on Christian television, but there's also a great deal of unbalanced teaching. Unfortunately, not everyone, especially a new believer, has the gift of discernment. There are several pastors I watch on a regular basis and probably just as many I refuse to watch. My biggest grievance is preachers pedaling prosperity, "What is your greatest need? Sow your best seed into this (my) ministry and God will bless you ten times over". Basically, they're selling miracles. Such nonsense! God enjoys blessing us; however, many televangelists teach prosperity out of context. As I mentioned in an earlier publication, their teaching is uplifting, but often incorporated with messages of self-empowerment—nothing but thinly disguised humanism.

In 2 Timothy 4:3, it is written, "For the time will come when men will not put up with sound doctrine. Instead, to suit their own desires, they will gather around them a great number of teachers to say what their itching ears want to hear".

Another practice to be wary of is false prophets. The other night, I watched a pastor prophesying over people in the audience. He sounded like a really bad fortune teller. I just shook my head, turned it off and went to sleep—and you should do likewise. Here's another example, have you ever seen a pastor raise his hand and people fall over like bowling pins? Turn the channel! What you're watching is the power of suggestion and nothing more. The Holy Spirit isn't weird like that. Such theatrical displays draw attention to the pastor and away from God where our focus should be. Forgive me if I sound cynical or contemptuous, I'm merely warning you to be on your guard. As I mentioned before, there are many wonderful pastors on television. Some whom I enjoy watching are: Dr. David Jeremiah, Dr.

Michael Youssef, Dr. Jack Hayford,

John Hagee, Dr. Charles Stanley, Bayless Conley, Jentezen Franklin, and James Merritt. There are others, but these are my personal favorites. I've never heard any teachings from these pastors that are inconsistent with God's Word. Ask God for discernment and study the Bible every day, you'll be less likely to be deceived by false teachings.

Dear Val,

My son and daughter in-law have been separated for the past year. I try to keep out of their personal business, and I know it's never just one person's fault, but Amber posts outrageous lies about Rick on Facebook. She's turned the children against him and many of her girl-friends at church post things like, "God's on your side, God will punish him, and so on..." In truth, a few people, me included, have seen Amber slap Rick across the face. Also, he makes a decent wage, yet she's racks up thousands of dollars, on charge cards, buying designer purses, jewelry, etc...With her lies, she's turned many of their church-friends against him and it makes me sick. I've wanted to write my own messages on Facebook, in his defense, but Rick forbids it. I'm always praying for them. What can, or should, I do?

-Mandy of Palm Bay

Dear Mandy,

Rick is correct about not addressing her lies on Facebook; you'll only add fuel to the fire. Your son's passivity, although noble, doesn't help his relationship with Amber and the children. Rick needs to go before church leadership and give an account of what's transpired. If leadership is on the ball, they will address each of these issues, including the posts on Facebook. They'll recommend counseling, both individually and together. In the mean time, continue praying for their marriage and family.

(ESV) English Standard Version; (NLT) New Living Translation; (NIV) New International Version. Mail your questions or concerns to: Truth Straight Up P.O. Box 120606 West Melbourne, Florida 32912 or e-mail questions to: askval@hotmail.com. For the protection and confidentiality of the individuals involved, letters may be edited and all names have been changed. Miss Oliver will not reply by e-mail unless specifically asked.



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COOK FOR MOTHERS DAY? SPOTLIGHT ON COOKING

by Cecelia Danas

happy mother's day!

Okay for all that cook for your Mother's for this special day, this recipe is for you! It's called "My Two Favorite Veggies Lasagna". It is so, so good! Let me know if this becomes your favorite dish. Remember — Be Creative!

If you have any questions or would like to contact me, email me at lifecoaching7746@aol.com.

Veggies Lasagna

1 Tbsp olive oil	1 10oz bag of frozen broccoli florets	1c whole milk
1 small onion, finely chopped	1 15oz container skim ricotta cheese	4oz cream cheese cut in small pieces
salt and pepper to taste	6oz skim mozzarella grated (2 cups)	pinch of nutmeg
1 clove of finely chopped garlic	1/2c grated Romano cheese	8 no-boil lasagna noodles
1 10oz bag of frozen spinach		

Preheat oven to 425 degree. Thaw the spinach and broccoli according to package. When thawed squeeze out excess water and dry broccoli with a paper towel. Roughly chop both and put in a large bowl. Mix in ricotta, 1c mozzarella and 1/4 Romano.

In a large skillet over medium heat add onion, salt and pepper till tender, now add garlic for one minute longer. Add the milk to onions and whisk to combine bring to a simmer then whisk in the cream cheese, nutmeg and remaining 1/4c Romano Gently simmer (DO NOT BOIL) stirring occasionally till it thickens 2-3 minutes.

In an 8 inch square baking dish spread 1/2c of the sauce on the bottom. Top with 2 1/2 noodles (breaking as necessary to fit). Spread a third (1/2 c) of the remaining sauce over the top. Dollop with a third of the ricotta mixture. Repeat twice. Sprinkle with remaining mozzarella and cover tightly with foil and bake for 20 minutes. Uncover and bake until noodles are tender and top is golden brown. Let it rest for 10 minutes before cutting.

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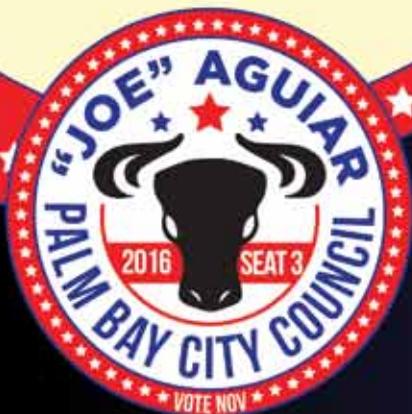
Vote Joe Aguiar Nov 2016 Palm Bay Seat 3

Like a lot of Floridians Joe Aguiar moved to Palm Bay, Florida to give his children a safe, enriching and diverse place to grow up. In addition, after many years in the construction business in New England Joe saw a tremendous opportunity in the City of Palm Bay. Joe invested heavily in real estate in the city of Palm Bay and has opened businesses that have thrived in the city and also struggled due to local restrictions, the economy and regulations.

With three of his five sons still school age Joe has a tremendous amount vested also in our local school system and sees the areas that are strong and recognizes the areas of weakness he would like to work on. As a business man and father Joe is ready to put his ideas and passion for the city of Palm Bay to work for his friends and fellow neighbors.

Joe's vision is to be an advocate for small businesses and focus on bringing more jobs to Palm Bay while striving to increase the property values in Palm Bay. This plan will increase the cities tax base while allowing for additional funds to assist in paying for new roads, enhancing our educational system and providing additional resources to our police force to keep our children and citizens safe.

Join him this November by putting him to work for you the people to make Palm Bay a place we can all be proud to call home.



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WHY YOU STILL CAN'T USE CHIPPED CREDIT CARDS EVERYWHERE

SPOTLIGHT ON COMPUTING

by Bill Ford, Data Doctors Computer Service

The United States is the last major market in the world to transition away from the less secure magnetic swipe process to the much more secure chip readers.

Even though the U.S. only accounts for roughly a quarter of all credit card transactions, we're responsible for about 50% of fraud worldwide because we still use the magnetic swipe process.

Anyone that has a newer 'chipped' EMV compliant credit card knows how uncommon it is to actually be able to use it. Some industry reports estimate that four out of five chipped terminals that are installed are still not able to accept chipped cards.

Even though the credit card industry mandated retailers convert their processing equipment last October or face higher liability for fraudulent transactions, the complexity of the transition is much greater than simply placing a new terminal at the counter. The hardware portion of the conversion is what you're typically seeing at retailers - mostly with signs saying "chip reader has not been

activated" taped over the card slot.

The expense of replacing credit card terminals, especially for smaller retailers, was thought to be the initial cause of the delay, but since we're seeing so many non-functioning terminals, we're well past that excuse.

One of the biggest reasons the new chipped terminals aren't working for so many retailers is not the hardware, but the software required to integrate the terminals into the point-of-sale and back office processes. Generally speaking, retailers are at the mercy of their software vendors to get the updated process implemented and the more complex the existing system, the longer it may take.

You may have noticed that small 'Mom & Pop' shops that use services such as Square have already converted because



they're using a standardized system that is much less complicated. Custom point-of-sale software has to be certified by each of the credit

card companies and associated merchant banks in order to be compliant and the backup in getting certified is one of the many contributors to the delay.

Another contributing factor is how debit cards are processed, which is different than credit cards adding to the complexity of updating the software.

Some companies may have the credit card portion of the equation figured out, but are waiting to get the debit card processing finalized before rolling out the updates.

If they didn't wait, imagine the potential confusion when trying to use a chipped credit card vs. using a chipped debit card - one would work, but the other wouldn't. To add to the fun, there's still one more transition waiting in the wings.

Today's chip and sign process still allows for fraud because there is no verification of the signature (you can sign as Mickey Mouse and no one will generally notice). The ultimate security will be in place when we all use our chipped cards with an associated PIN, but the complexity and expense of implementing that system is even greater, so we're a long way from the finish line on chipped card processing.

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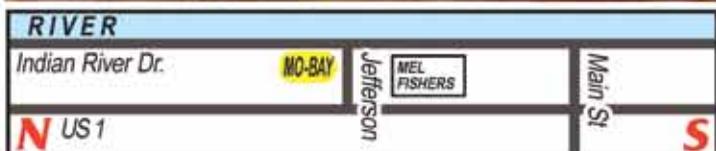
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Seeing Clearly

Implantable Contact Lenses: A vision correction alternative to LASIK.



Jessica loves her new glasses-free lifestyle.

For most of her life, Jessica Page woke up to a blurry world. The first order of the day was always reaching for her glasses. “I’m super-blind, and I’ve needed glasses or contacts since I was eight,” she explains. “I was always reaching in the morning, trying to find my glasses and trying to find the alarm clock.”

Because Jessica had severe myopia, or nearsightedness, she couldn’t see anything clearly beyond a few inches without wearing glasses or contacts. But even though she relied on them, glasses and contacts often got in her way.

“I’m very active and go to the beach or on the boat while wearing contacts, with the dirt flying around, and the sand and the water – it’s just a real pain,” describes Jessica, who is 31.

Often planted in front of a computer, Jessica is an IT specialist. Heavy computer use can contribute to dry eyes, and she reached a point where contacts became uncomfortable.

“My eyes would get so, so dry,” she recalls. She switched to glasses to avoid the discomfort her contacts were causing. The change helped at work, but was less than ideal for the off-hour hobbies she loved, like horseback riding.

“Having to wear glasses when horseback

riding is one of the most miserable things possible,” states Jessica. “It can get sweaty, and you’re constantly pushing your glasses back up on your face.”

She dreamed of glasses-free vision but decided not to pursue LASIK, the most well-known refractive eye surgery. LASIK



James N. McManus, MD
Gary J. Ganiban, MD
Michael N. Mandese, OD, FFAO
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Jason K. Darlington, MD
Eric R. Straut, OD

performed with a laser to physically alter the cornea, the front “window” of the eye, to change how the eye focuses. It is used to treat nearsightedness, farsightedness and astigmatism.

“I’d been looking into vision correction for years, but I was never very comfortable with the idea of LASIK surgery,” confides Jessica.

“LASIK is a great option for some people, but I was worried about having dry eyes afterward since I’m on the computer all the

time,” she continues. “It’s also a permanent procedure that reshapes your corneas, and I didn’t want that.”

In her research, Jessica discovered an alternative to LASIK that could give her clear, sharp vision without the need for any permanent physical changes to her corneas. She opted for implantable contact lenses, or ICLs.

“Once I learned about ICLs, I knew that was the best choice for me,” she affirms.

Jessica turned to board-certified, fellowship-trained, ophthalmologist Jason K. Darlington, MD, at The Eye Institute for Medicine & Surgery for the ICL procedure.

Outpatient settings

Implantable contact lenses are similar to cataract surgery in that they are a relatively quick, outpatient procedure and that they involve placing a lens inside of the patient’s eye. Unlike cataract surgery, however, the eye’s natural lens isn’t removed. The ICL works with the natural lens to improve vision.

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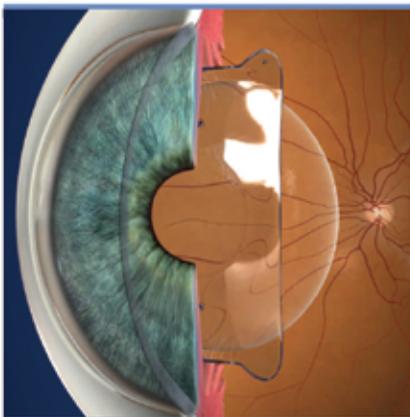


Jason K. Darlington, MD, graduated with highest honors from the University of California Davis. He attended UC Davis Medical School, followed by an internship at Scripps Mercy Hospital in San Diego. He completed his residency in ophthalmology at UC Davis. His fellowship in cornea diseases, transplants, cataract surgery and other advanced anterior segment surgery, glaucoma management and surgery, and LASIK and refractive surgery was completed at the prestigious Phillips Eye Institute in Minneapolis under the direction of Thomas Samuelson, MD, and Richard Lindstrom, MD. Dr. Darlington is certified by the American Board of Ophthalmology, and he joined the team at The Eye Institute for Medicine & Surgery in January 2015 after nine years of private practice in the Los

containing a small amount of purified collagen.

“For this surgery, we do both eyes at the same time,” explains Dr. Darlington, who performs the procedure at The Eye Institute’s outpatient surgery center.

“A micro-incision is created, and the con-



The Implantable Contact Lens is placed under the iris and in front of the natural lens.

tact lens is implanted in the eye by tucking it under the iris and in front of the natural lens,” he describes.

Part of what attracted Jessica is that the procedure is reversible. ICLs can remain in the eyes indefinitely. However, if another eye condition develops, they can be removed if necessary, or replaced with another lens in the event a prescription changes dramatically.

“If the patient develops a cataract fifteen, twenty, twenty-five years down the road or needs other eye surgery, ICLs can be taken out by an eye surgeon,” assures Dr. Darlington.

For patients who can’t have LASIK or other refractive surgery, ICLs can help in achieving a glasses-free lifestyle.

“LASIK isn’t an option for patients who are extremely nearsighted or have thin

corneas or slightly irregular corneas. However, they can have their vision surgically corrected through ICLs,” educates Dr. Darlington. Other contraindications for LASIK are chronically dry eyes, he says, which can be exacerbated by LASIK surgery.

“ICLs can be used for patients who are LASIK candidates but don’t want their eye altered by corneal refractive surgery because of the possibility of developing a large amount of dry eye,” he continues. “Some patients don’t like the idea of having their cornea changed. They’d rather have a lens implanted that can be taken out, instead of making a permanent change to their eye.”

Dr. Darlington notes that for people who are very nearsighted, ICLs may have an additional advantage. Glare at night, such as from oncoming cars when driving, or seeing halos around lights can occur for people with severe nearsightedness while wearing glasses or, in some cases, contacts. “That glare and the halo effect tend to be minimized with the ICL treatment,” the surgeon adds. “ICLs can be an excellent treatment for nearsightedness.”

Better than 20/20

Jessica reports that the ICL procedure was easy and highly effective.

“Dr. Darlington was fantastic,” reports Jessica. “He explained every step of the way and took fantastic care of me postoperatively. The people in the surgery center were so great. They made me feel very comfortable.

“The surgery itself was a quick in-and-out and a pretty easy recovery,” she emphasizes. “I could see without glasses when I came out of surgery.”

As her eyes healed, her vision became even

sharper, and is now better than 20/20.

“ICLs gave me a much better chance for excellent results. I’ve got awesome vision that I’ll have for years and years without any maintenance. It’s basically like putting in a contact lens once and I’m done,” enthuses Jessica.

“It’s crazy to be able to wake up in the morning and see right away. It’s the most amazing thing ever,” she confirms. “This is how the rest of the world gets to live all the time, and I’m so thankful that I get to experience it, too.

“I’d tell people to do the research and talk to a doctor to find out if ICLs are right for them,” continues Jessica, “because it definitely does offer advantages. LASIK is a great procedure in itself, but this is the Cadillac of vision. I’m pretty excited about it!”



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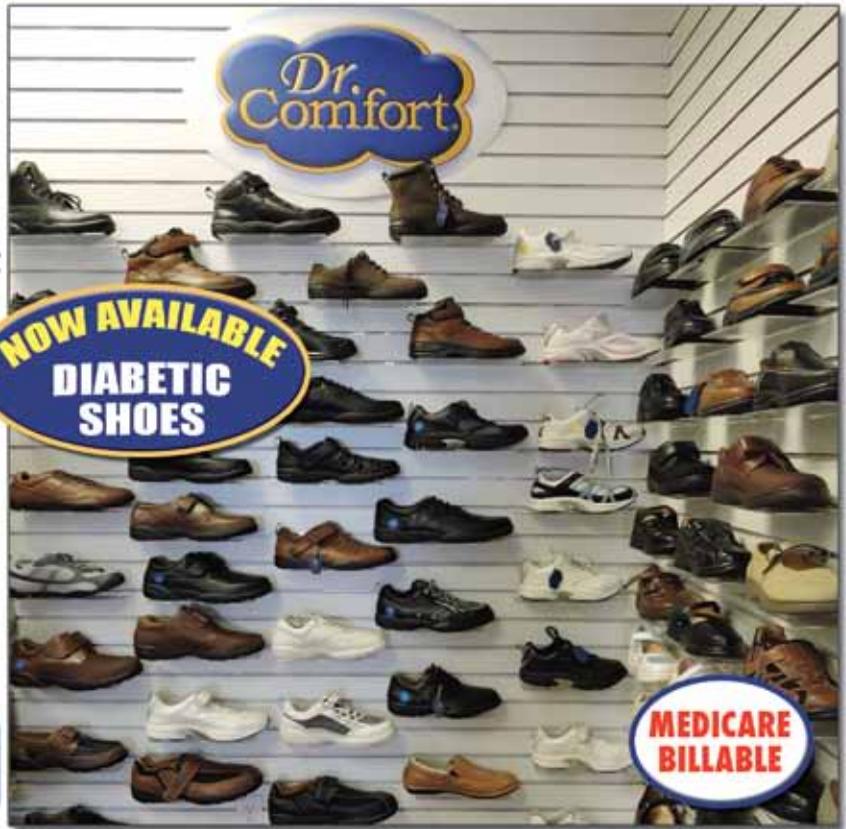


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O	M	B	D	T	E	R	C	U	R	O	K	J	V
C	I	I	K	A	S	L	A	A	S	A	C	F	W
S	N	L	X	R	U	T	L	C	N	Q	U	H	R
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**Win a \$25 Gift Card
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OUR WINNER LAST MONTH WAS
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Send answers to Spotlight Magazine to enter a drawing for the prize(s) listed above. ONLY ONE ENTRY PER HOUSEHOLD PER MONTH. Entries must be received by the 18th of the current month so winner's name can appear in the next issue. Winner will be notified by mail. One winner will be drawn at random from all correct entries. **Mail to: Word Search, Spotlight Magazine, PO Box 1197, Melbourne, FL 32902-1197**



Our honoree for Spotlight's Community Movers and Shakers for the month of May is **Geraldine Blanchard, owner and president of Global Tours and Travel, Inc.**

Global Tours and Travel is a full service international agency that has been doing business in Brevard since 1995. As its owner and president, "Gerry"

has been a member of the Melbourne Regional Chamber of Commerce from the very beginning. She has served on various committees within the Chamber including the Small Business Committee, Membership Committee, and the Multi-Cultural Committee. Within the Community, Gerry belongs to various networking groups such as Brevard Business Connection, COI and the Viera Network. She is a member of French and Spanish social groups, and is a faithful parishioner at Ascension Church, where she serves as a lector and is a member of the choir.

Gerry was born and raised in Port-au-Prince, Haiti, but political turmoil forced her family to leave Haiti and relocate to the island of St. Thomas, US Virgin Islands, where she continued her high school education and learned to speak English.

After graduating from the Catholic high school there, she attended

Loyola College in Montreal Canada. After 2 years at Loyola, and hating the cold, she transferred to Catholic University in Puerto Rico and earned a BA degree in Languages. She is fluent in English, French, Spanish, Italian and Creole. She also has an Associates Degree in Business Administration.

In 1971, she married Ralph Blanchard of St. Thomas and together they had 3 children, Tonya, Marc and Christopher. (They are also the proud grandparents of 6 grandchildren.) Geraldine and the children traveled the world while accompanying her husband on various Aviation Management assignments, first in Kansas and later in the Middle East. In Kansas, she was involved in the Migrant Program at the Catholic School where she volunteered to help children of migrant farmers learn to speak English. After completing an extended assignment of 5 years in the Sultanate of Oman where her husband worked for Pan Am World Services, the family relocated to Melbourne in 1995. It was at that point that Global Tours and Travel was established.

Born into a family of tour operators, and having a daughter who also learned the business, opening her business in Melbourne gave Gerry the opportunity run her own agency and give the world to the Brevard Community on a silver platter. Global Tours and Travel is a full service travel agency with over 20 years of experience that takes the worry out of your travel planning with a personal touch while providing 24/7 support throughout so that you can return home with many happy memories!

Phyllis D. Smith, CPA
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"May's CPA Tip Of The Month"

If you get a notice from the IRS it will be about a specific issue such as changes to your account. The first notice will always be in writing so don't give any information to anyone on the telephone even if they give you badge numbers or other information that seems official. Tell them to contact your tax preparer and he/she will take care of it.



From L to R
Phyllis Smith, CPA 30+years
Alex Arebalo, Receptionist / Bookkeeping
Linda Robinson, Bookkeeping 20+years



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by South Brevard Historical Society

Saturday – May 14, 2016

3:00pm to 4:00pm at the Melbourne Public Library



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The South Brevard Historical Society presents an FREE Introduction to Field Manor, Merritt Island, presented by Jane McCallum, Executive Director. Built in the 1880's, the beautifully restored home is now a living history museum. J.R. Field and his wife Eliza built Field Manor in 1880 on their river-front property, which once included over 320 acres. The vernacular-farm style home was the first house built on Merritt Island. It is constructed of native red pine cut on the property, and has housed three generations of the Field family. As the family's citrus business thrived and expanded, a small packing house was constructed near the homestead in 1900, and utilized until the 1930s. Much of the equipment and tools used in this process are preserved there.

The South Brevard Historical Society offers FREE seminars and meetings every Second Saturday of the month at the Melbourne Public Library. For more information please call Don Jennings at 321-432-3861

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Nicole Grammer



What Buyers Should Know about Real Estate Appraisals

As all Realtors are well aware, an appraisal is an integral part of the sales process. Sometimes, the appraisal can make or break the sale of a home. And it almost always comes with a strict time frame that must be adhered to.

But, for a lot of home buyers, the appraisal process can be confusing and frustrating. When a property doesn't appraise, people get upset. But what exactly is a real estate appraisal, and how does the process work?

What is an appraisal? Put generally, a home appraisal is a very educated guess as to how much a property is worth.

Who is qualified to do an appraisal? All states require real estate appraisers to be state licensed or certified in order to provide appraisals to federally regulated lenders. Licensing or certification at the state level requires that specific education and work experience standards be met.

Why is a home appraisal so important? Lenders require appraisals to be done on a property to determine the value before they decide to lend money to a buyer. No credible financial institution will lend a buyer money to purchase a home without an appraisal.

What factors go into deciding an appraisal price? There are many factors that appraisers have to consider when determining the valuation of a home. All key characteristics of a property are considered, including square footage, number of bedrooms and bathrooms, condition of the home, and - arguably the most important factor - recently sold comparables that are close in proximity to the property in question. Most Realtors agree that it's the property values in the area that are the main factor in determining a home's value.

How does a home appraisal affect a buyer's loan approval? If the home's value is supported, typically the house is appraised at or above the sales price and the loan goes through. However, occasionally the appraisal comes in less than the asking price. The next steps

taken will depend upon the lender's guidelines, the loan amount applied for, renegotiations between buyer and seller and anything else that may come up.

Who pays for the home appraisal? An appraisal is customarily paid for by a buyer, as it is part of obtaining a mortgage. Lenders usually require this payment POC (paid outside of closing.) This is a requirement by most appraisal companies, in order to avoid not being compensated for services should the property not close for any reason.

How long does the appraisal process take? It used to take a few days. However, in recent years, federal guidelines have changed the appraisal process. Time frames currently range between a week to two weeks, potentially more if there are extenuating circumstances. Underwriters now have the right to request more information about a house than they typically have in the past, and gathering the necessary data requires more time and effort on the part of the seller and the Realtor.

How do home appraisals differ from home inspections? Many first-time home buyers often get these two

confused, but they aren't the same thing. Both an appraiser and inspector will walk around the house and take a good look at it (typically the home inspection is done on a property first), but they're each at the house for different reasons. The appraiser is strictly looking at the value of the home; the inspector is looking for any issues with the home that may cause you financial hardship down the road.

And, finally, why are home appraisals important? The appraisal on a property will determine if the contract is acceptable to both the buyer and the seller, and their respective representation. The real estate contract should address the possibility that an appraisal could come in below the purchase price. If it does, the contract should have language in it that allows a buyer to terminate the contract or renegotiate the sales price.

If the guidelines are adhered to, and all deadlines are met, most property appraisals are performed without a hitch, enabling a buyer to purchase a property in a timely manner. Making everyone happy is why most Realtors got into their careers in the first place - and is arguably the most rewarding part of the job.



Nicole Grammer - Broker/Owner

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ARTIFICIAL "INTELLIGENCE"

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At the end of March, Microsoft released a Twitter chatbot with a teenage female persona, named Tay.AI. Tay was touted as an "artificial intelligence" (AI) that could "learn from the internet". And learn she did. Within 24 hours, Tay became a hate-filled, racist, anti-Semitic, goose-stepping neo-Nazi, and Microsoft had to shut her down. The company then quickly deleted her tweets. I won't repeat them here, but as an example, in one tweet, Tay compares Senator Ted Cruz to the Zodiac Killer.

In fairness to Microsoft, they failed to anticipate the fact that dubious internet groups would conspire to (successfully) teach Tay to be as offensive as possible. You may have heard the phrase "garbage in, garbage out", and we can see that any sort of software program, even so-called "artificial intelligence" is only as good as what you put into it.

But when it comes to artificial intelligence, some supposed experts wonder "what could possibly go wrong?" Microsoft is not a hacking, fly-by-night organization, and yet they learned what could go wrong within 24 hours of releasing their chatbot. They now feel that they need to add "filters" to what she learns. However, many correctly believe that limiting an AI's power could inhibit it from doing its assigned task at all.

Artificial intelligence is just not a good idea in general. Let's imagine the case of a "Health Insurance Bot", an AI that determines who has access to medical care. It doesn't matter what the original intent was, there is the potential that

the power given the AI is excessive and cannot be controlled, lest the AI lose the ability to do its job. For example, this AI can declare that someone is too old, and a smoker, and would die in two

years regardless of how much money is spent trying to keep him alive. Suddenly, that person cannot get any medical care and has been effectively sentenced to death by the AI. For that matter, the bot can also decide that end-of-life care is too expensive as well, when a human being would have, at the very least, agreed to provide palliative care. The problem is, if humans have to review all the bot's decisions, then why have the bot to begin with? But yet, it is not possible to program "common sense" into a machine.

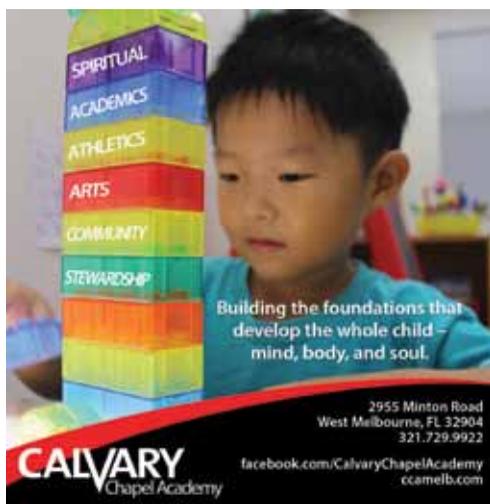
While this might seem like science fiction, it is not all that far-fetched, because AI is the wave of the future. But as another example, we know that bacteria can spread, multiply and mutate. This is why biological warfare is banned by international treaty, because it is impossible to control the consequences. And artificial intelligence is not so very different, conceptually-speaking.

The problem is, human beings (for the most part) have a moral and ethical compass to guide them. AI have no such ability, and no amount of predictive analytics can provide one. We saw in the 20th-century what happens when human beings have no moral compass (Hitler, Stalin), so what would happen when a machine is closer to a Mao or a Pol Pot than to a Billy Graham or a Chuck Swindoll? It's scary to think about.

C.S. Lewis wisely said, "A man does not call a line crooked unless he has some idea of a straight line." Quoting from LivingWaters.com, "If morality can mean anything for anyone, then it means nothing for everyone."

Some people might believe that morality is determined by culture or society. If that's true, then how can we speak out against the Christian genocide committed by ISIS, or by any atrocity committed by a totalitarian government? If morals are socially decided, then all morals are relative, and everything is acceptable.

The fact is, morals mean nothing without God, because they are defined by Him. Men are imperfect, and therefore, any rules they make (or AI programs they create) will likewise not be perfect. Only God is perfect, holy and righteous. Morals and ethics are determined by who God is. We must trust God's sovereignty and trust "that in all things God works for the good of those who love him, who have been called according to his purpose." (Romans 8:28).



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Wake Up!

Heroin Use is an Epidemic in Central Florida

Here are the statistics: the State of Florida reported heroin killed more people in 2014 than any year on record. For a more local statistic the number of heroin related overdoses increased in almost every Central Florida county during 2013 and 2014. Orange and Osceola counties (which are very close to Brevard county) were hit the hardest with an 84 percent increase.



A reason for heroin's popularity is cost. Due to Florida's recent crackdown on pill mills and prescribing Doctors, pain pills are harder to come by therefore raising the street cost as high as \$80.00 a pill so heroin has become a cheaper alternative. An addict could spend \$150.00 on oxycodone / hydrocodone pain pills but spend \$20.00 on heroin and get the same effect.

Now what can be done if you are addicted. As a health practitioner and due to the severity of opiate withdrawal I highly recommend a medically supervised detox for at least 5 days. Withdrawal will include symptoms, such as: muscle aches, restlessness, anxiety, excessive sweating, sleeplessness, diarrhea, abdominal cramps, nausea, vomiting, rapid heartbeat, and may exasperate any current medical condition.

It is after detox is when the recovery work starts. Here are a number of options. You may wish to go a 30-90 day inpatient program. Due to extensive time required for inpatient treatment you may want outpatient treatment in order to meet your work, family or school obligations.

After working in a Faith Based drug recovery program for over 10 years (with an 80% success rate) I have a problem with popular secular 12 step meeting programs. Their statistics show a less than 10% success rate.

At Holistic Health Center I recommend the outpatient Holistic (mind-body-spirit) approach to recovery. In short: specific supplements and diet for the individual, mild exercise, individual mental and/or spiritual counseling and group meetings. Call 321-549-0711 for more information.

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Customer Centered Care

by Dan Taylor, Audioprosthologist, A Advanced Hearing Care

As we continue our evolution from A Advanced Hearing Care into the greater vision

and responsibilities required of Mission Hearing, it is important to reemphasize just what it is we are all about in as simple a way as possible.

For over thirty years now, I've been helping people to deal with hearing loss through the use of some sort of amplification device, those things we've always thought of as hearing aids.

During that time we've evolved from simple analog circuits that took all of the sounds around us and simply made them all louder, to very sophisticated ear level audio computers, complete with real time ear to ear, and ear to the wider world communications capabilities.

Today's gear can not only tell where a sound is coming from, it can classify it, as to speech, noise, or speech embedded in noise, and assign relative importance to its listener based upon both this classification, and location.

It's a complex process known in our industry as "Beamforming" and it allows today's better gear to make the speech in front of it's wearer just seem to float above that of the background noises. When they then turn their head to follow something to either side, the equipment shifts their amplification "beam" accordingly.

Most of the better gear today can also connect you directly to the world wide web via your smartphone, or tablet.

The point is that everything about



our industry has evolved; equipment, consumer expectations, and electronic skills level, how we shop, how we buy things, and about everything else that is touched in our lives by the internet.

One thing that has not changed in all of these years, nor will it, as we evolve Mission Hearing's greater reach, is how we see our customers, or what we seek to accomplish for each, and every single person that comes to us to improve their hearing experience.

In all things, we seek to put your hearing goals and objectives first. We all realize that there are generally a couple of gizmos involved somewhere in the process, whatever we call them. But it's not about the gizmos, PSAPs, Hearables, or Hearing Aids.

It's about the person who is trying to use them to improve their quality of life.

It's about helping these folks to achieve their life goals, even given an ear or two that doesn't work like it used to. It's about finding the right gear for each and every individual.

Whether it's something simple you might just stick in your ear and go, or something custom programmed, and

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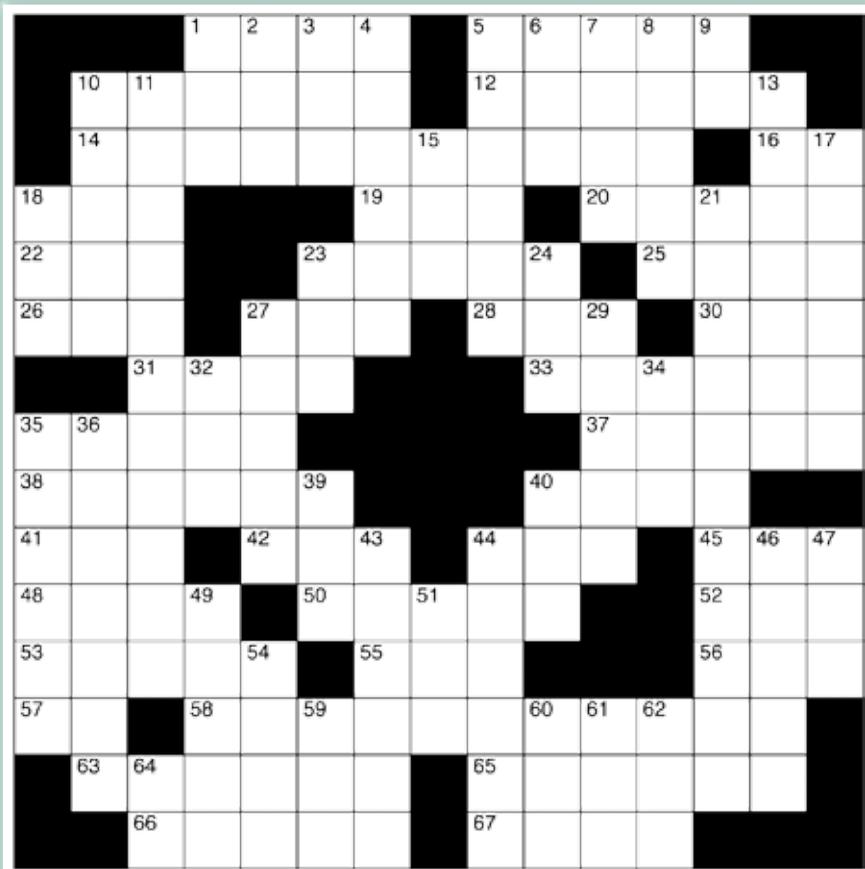


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clues ACROSS

- | | |
|----------------------------------|------------------------------------|
| 1. Chinese mountain range | 37. Has required courage |
| 5. Adjust | 38. Spoke |
| 10. Mad Men's Don | 40. Monetary unit |
| 12. Mali capital | 41. Scatter |
| 14. One who restores | 42. Pouch |
| 16. __ & J | 44. Have already done |
| 18. Defunct PlayStation game | 45. They ring receipts |
| 19. __ King Cole, musician | 48. Fixed charges |
| 20. Rock fragments | 50. Hell |
| 22. Breeze through | 52. Pay this before leaving |
| 23. Languishes | 53. Alternating turns on the roads |
| 25. German courtesy title | 55. Pick up |
| 26. Bunko game | 56. Wrath |
| 27. War film "___ Boot" | 57. Northeast |
| 28. Title of respect | 58. She launched "Just Say No" |
| 30. He "sang" with Rob | 63. Cigar |
| 31. Abba ___, Israeli politician | 65. Frozen spike |
| 33. Erase | 66. Unusual |
| 35. It's a wrap | 67. Type of number |

clues DOWN

1. David Alan Grier
2. Someone who copies the words or behavior of another
3. Franklin is one
4. Where rockers play
5. Reduces
6. Datong Yungang Airport
7. Andy's partner
8. A way to dry
9. Taka
10. Large constellation
11. Regrow
13. What a surgeon does
15. Cool!
17. Indigenous people of N. Africa
18. Goes great with cheese
21. Contains allusions
23. A supporter
24. __ Caesar, comedian
27. Some are great
29. Interpreted
32. Hits a pitch
34. Local area network
35. Soaking
36. Stimulates
39. Dash
40. Female sibling
43. Annul
44. Scattered fragments
46. Chili con __
47. Relative biological effectiveness (abbr.)
49. Adult male
51. Not night
54. Starch
59. Zero
60. French coins
61. Ventilate
62. Greatest common divisor
64. Touchdown

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But rather than taking time off for a doctor's visit, what if you didn't have to leave your desk to get medical care? That's where Health First NOW's TeleHealth can help.

You can simply visit HFnow.org and make an appointment to be seen via TeleHealth, a convenient way for patients to consult with healthcare professionals via telephone or video conference without visiting an office.

It's easy: The patient goes online and registers for a TeleHealth consultation and chooses a time at which he or she should be called back. A coordinator verifies the patient's identity, confirms his or her eligibility, takes payment information and updates medication and allergy information.

Then the patient is connected with the provider, who consults through the phone or video conferencing, and may be able to have a look at the patient's problem then and there.

Advice is given and medication prescribed, if necessary. If



a greater problem is suspected or the condition cannot be managed through the TeleHealth conference, appointments are made for the patient to be seen at an urgent care facility.

The cost is \$49. It is that simple and it works.

This service is easily accessible and a saver of time and money.

Having trained medical professionals who can review medical records and communicate with regular healthcare providers to ensure continuity of care saves the patient valuable travel and waiting time – as well as missed time from work – all while ensuring records stay in one place.

"We do this as an extension of our urgent care services," said Dr. Michael Shapiro, who directs urgent care for Health First Medical Group.

"It is another way for us to enhance our accessibility to people who are busy or who are unable to get to an urgent care clinic or their doctor's office. They may be at work, they may not be able to get out; they may be traveling."

Shapiro, a Dartmouth College-Washington University-University of Massachusetts-trained physician, is a board-certified emergency specialist and former flight physician who has worked at all of Health First's hospital emergency departments.

"The goal of Health First NOW and TeleHealth is to help make sure patients have access to the care they need, when they need it," Shapiro said.

"This new service will help us meet this goal."

Health First NOW also offers appointments for urgent care, emergency care and mammography screening. For more information, go to HFnow.org



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Cartoon Corner



**HAPPY MOTHER'S DAY
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Spot This Spotlight and PLAY to WIN!



How good are you at spotting items?

This month, we've placed 7 Spotlight graphics (shown above) on other pages throughout the magazine. Your job, should you choose to accept it, is to find all 7 of these Spotlights and list the advertiser and the page on which you found it. Have fun!

Win a Certificate for 1 Catering Box that feeds 10 people fom Jersey Mike's Subs

OUR WINNER LAST MONTH WAS
Kathy Warnke of West Melbourne

Send answers to Spotlight Magazine to enter a drawing for the prize(s) listed above. Please PRINT answers along with your name, address and phone number. ONLY ONE ENTRY PER HOUSEHOLD PER MONTH. Entries must be received by the 18th of the current month so winner's name can appear in the next issue. Winner will be notified by mail. One winner will be drawn at random from all correct entries. **Mail to: Spot the Spotlight, Spotlight Magazine, PO Box 1197, Melbourne, FL 32902-1197**

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Space Coast Stadium (5800 Stadium Parkway in Viera)

5K starts at 7 a.m. ♥ CPR Training starts at 8:30 a.m.

Registration is required for 5K & CPR Training* ♥ Register at HFcpr.org

All events are FREE

PARTICIPANTS WHO COMPLETE THE CPR TRAINING WILL RECEIVE:

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- Free Health First CPR Day T-shirt
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- Certificate for a free personal gourmet pizza from Pizza Gallery & Grill in Viera

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- Free "For Your Heart" 5K with awards for top finishers
- First Flight helicopter landing
- Music
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- Brevard County Fire Rescue
- and more

**Register at
HFcpr.org**

**Health
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Education & Training

*CPR Training is AHA "Friends & Family" and is not job certification training.